



St. Mary Orthodox Church

WEEKLY BULLETIN | OCTOBER 18, 2026

20th Sunday after Pentecost
Holy Apostle and Evangelist Luke

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

- Fellowship Hour hosted by Group Kn-Robe
- Church School Fall Social (Root Beer Floats) (12-1pm)
- Youth Group @ Dill Residence (4pm)

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

MONDAY, OCTOBER 19

Parish Council | 7-8:30pm

WEDNESDAY, OCTOBER 21

Vespers | 7-7:30pm

Adult Education: Psalms in Orthodox

Worship | 7:45-8:45pm

FRIDAY, OCTOBER 23

Liturgy of St. James | 6:30-8:00am

Philokalia Book Study | 3-4pm

SATURDAY, OCTOBER 24

Men's Fellowship Breakfast with Fr.

Gerasim | 8am (see Realm)

Financial Peace University | 10-11:30am

Frying Pan Farm Park Play Date | 10am-12pm

Wedding & Baptism: Staver | 11am-2:30pm

Adult Catechism | 3-4:30pm

Great Vespers | 5-6pm

SUNDAY, OCTOBER 25

Matins & Divine Liturgy | 9-11:30am

Church School I | 12-1pm



Fellowship Hour Hosting Groups:

Week 1: A-Dua

Week 2: Dub-Ki

Week 3: Kn-Robe

Week 4: Robi-Z<--- Next Week's Host

Week 5: Entire Parish *

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 3. Troparion of the Resurrection

LET the heavens rejoice! * Let the earth be glad! * For the Lord has shown strength with His arm. * He has trampled down death by death. * He has become the first born of the dead. * He has delivered us from the depths of hell, * and has granted the world // great mercy.

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy * illumined by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 5. Troparion of St. Luke

LET us praise with sacred songs the holy Apostle Luke, * the recorder of the joyous Gospel of Christ * and the scribe of the Acts of the Apostles; * for his writings are a testimony of the Church of Christ. * He is the physician of human weaknesses and infirmities. * He heals the wounds of our souls, // and constantly intercedes for our salvation.

Tone 3. Kontakion of the Resurrection

ON this day Thou didst rise from the tomb, O Merciful One, * leading us from the gates of death. * On this day Adam exults as Eve rejoices; * with the Prophets and Patriarchs // they

unceasingly praise the divine majesty of Thy power.

Glory. Tone 2. Kontakion of St. Luke

LET us praise the godly Luke; * he is the true preacher of piety, * the orator of ineffable mysteries * and the star of the Church, * for the Word, Who alone knows the hearts of men, // chose him, with the wise Paul, to be a teacher of the Gentiles!

Both now. *Tone 3. Kontakion of the Church*

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the third tone: Sing praises to our God, sing praises! / Sing praises to our King, sing praises!

✠ *Clap your hands, all ye people, shout to God with loud songs of joy!*

In the eighth tone: Their proclamation has gone out into all the earth, / and their words to the ends of the universe.

EPISTLES

The Reading is from the Epistle of St. Paul to the Galatians (1:11-19)

Brethren, I make known to you, brethren, that the gospel which was preached by me is not according to

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

man. For I neither received it from man, nor was I taught it, but it came through the revelation of Jesus Christ. For you have heard of my former conduct in Judaism, how I persecuted the church of God beyond measure and tried to destroy it. And I advanced in Judaism beyond many of my contemporaries in my own nation, being more exceedingly zealous for the traditions of my fathers. But when it pleased God, who separated me from my mother's womb and called me through His grace, to reveal His Son in me, that I might preach Him among the Gentiles, I did not immediately confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me; but I went to Arabia, and returned again to Damascus. Then after three years I went up to Jerusalem to see Peter, and remained with him fifteen days. But I saw none of the other apostles except James, the Lord's brother.

The Reading is from the Epistle of St. Paul to the Colossians (4:5-9, 14, 18)

Brethren, walk in wisdom toward those who are outside, redeeming the time. Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one. Tychicus, a beloved brother, faithful minister, and fellow servant in the Lord, will tell you all the news about me. I am sending him to you for this very purpose, that he may know your circumstances and comfort your hearts, with Onesimus, a faithful and beloved brother, who is one of you. They will make known to you all things which are happening here. Luke the beloved physician and Demas greet you. This salutation by my own hand – Paul. Remember my chains. Grace be with you. Amen.

Alleluia, Tone 3:

- ✠ *In Thee, O Lord, have I placed my hope; let me not be put to shame.*
- ✠ *Be Thou a God of protection for me, a house of refuge in order to save me.*

Alleluia, Tone 1:

- ✠ *The heavens will praise Thy wonders, O Lord; and Thy truth in the congregation of the saints.*

GOSPELS

The Reading is from the Holy Gospel According to St. Luke (8:5-15)

The Lord said this parable, "A sower went out to sow his seed. And as he sowed, some fell by the wayside; and it was trampled down, and the birds of the air devoured it. Some fell on rock; and as soon as it sprang up, it withered away because it lacked moisture. And some fell among thorns, and the thorns sprang up with it and choked it. But others fell on good ground, sprang up, and yielded a crop a hundredfold." When He had said these things He cried, "He who has ears to hear, let him hear!" Then His disciples asked Him, saying, "What does this parable mean?" And He said, "To you it has been given to know the mysteries of the kingdom of God, but to the rest it is given in parables, that 'Seeing they may not see, And hearing they may not understand.' Now the parable is this: The seed is the word of God. Those by the wayside are the ones who hear; then the devil comes and takes away the word out of their hearts, lest they should believe and be saved. But the ones on the rock are those who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away. Now the ones that fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and

pleasures of life, and bring no fruit to maturity. But the ones that fell on the good ground are those who, having heard the word with a noble and good heart, keep it and bear fruit with patience.

***The Reading is from the Holy Gospel
According to St. Luke (10:16-21)***

The Lord said to His disciples: "He who hears you hears Me, he who rejects you rejects Me, and he who rejects Me rejects Him who sent Me." Then the seventy returned with joy, saying, "Lord, even the demons are subject to us in Your name." And He said to them, "I saw Satan fall like lightning from heaven. Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you, but rather rejoice because your names are written in heaven." In that hour Jesus rejoiced in the Spirit and said, "I thank You, Father, Lord of heaven and earth, that You have hidden these things from the wise and prudent and revealed them to babes. Even so, Father, for so it seemed good in Your sight.

**THE LORD'S PRAYER
(IN GERMAN)**

Vater Unser im Himmel,
Geheiligt werde Dein Name,
Dein Reich komme.
Dein Wille geschehe,
Wie im Himmel, so auf Erden.
Unser tägliches Brot gib uns heute,
Und vergib uns unsere Schuld,
Wie auch wir vergeben unseren
Schuldigern.
Und führe uns nicht in Versuchung,
Sondern erlöse uns von dem Bösen.
Denn dein ist das Reich und die Kraft
und die Herrlichkeit in Ewigkeit.

COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens!
Praise Him in the highest!*
- ✠ *Their proclamation has gone out into
all the earth, / and their words to the
ends of the universe!*
- ✠ *Alleluia, Alleluia, Alleluia!*



Orthodox Christian Laity Annual Meeting — November 7

The Orthodox Christian Laity annual meeting will be held Saturday, November 7 at St. Andrew's Romanian Orthodox Church in Potomac, MD, with both in-person and virtual attendance available. Metropolitan Tikhon will serve as keynote speaker, joined by Archbishop Nathaniel, Serge Schmemann, Dr. Paul Meyendorff, Dr. Nikolas Gvosdev, Dr. Alexander Ligas, and Dr. Bill Marianes. Registration is \$25; students attend free with a .edu email. In-person registration includes continental breakfast and lunch. Scan for more info





Fellowship Hour Groups & Leaders

Week 1: A-Dua — Jon C. & Matt C.

Week 2: Dub-Ki — Allison J. & Ryan K.

Week 3: Kn-Robe — Melanie K. & Vacancy

Week 4: Robi-Z— Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

OCTOBER

Men's Breakfast w/ Fr. Gerasim | Oct. 24 @ 8-9:30am

Frying Pan Farm Park Play Date | Oct. 24 @10-11:30am

NOVEMBER

Revive! Training | Nov. 1 @ 12:30-1pm

Akathist: Inexhaustible Cup | Nov. 5 @7-7:30pm

Doxacon | November 6-7 @ Catholic University

Nativity Fast | Nov. 15-Dec. 24th

DECEMBER

Akathist: Inexhaustible Cup | Dec. 3 @7-7:30pm

Royal Hours | Dec. 24 @10am-12pm

Vespertal Liturgy | Dec. 24 @ 5-6:30pm

Candlelight Vigil | Dec. 24 @ 10pm-11:30pm

Christmas Liturgy | Dec. 25 @ 10-11:30am

JANUARY

St. Basil Liturgy | Jan. 1 @ 10:30am-12pm

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings

Burgers, Bonfires & Game Night! Tonight (10/18) @ 4pm

Calling all middle and high schoolers (6th grade and up)! Join us for an evening of burgers, hot dogs, games, and fellowship! Weather permitting, we'll enjoy a campfire and outdoor games—or move inside for board games and video games. Feel free to bring a side dish, dessert, or drink to share. Church School teachers are welcome, too! Please simple RSVP (yes/no) on Realm so we can plan for food!

REVIVE! Opioid Overdose Prevention Training | Sunday, November 1, 12–1 PM

Learn how to identify warning signs, administer naloxone (Narcan), and provide emergency assistance. No medical experience is necessary! Please use the simple RSVP (yes/no) on Realm so we know how many to expect!

Fellowship of Moms: Frying Pan Farm Park Outing

Join the Fellowship of Moms for two upcoming playdates this October! Saturday, October 24 | 10:00 AM Playdate @ Frying Pan Farm Park! Come enjoy an easy morning of fellowship while the kids play. Please visit the Fellowship of Moms group in Realm for full details and updates.

Community Outreach Serving Group Meeting-- Oct. 21

Please mark your calendars for our next meeting on Wednesday, October 21st at 7:30 PM. A Zoom link will be shared closer to the date on Realm. We'll discuss updates on the Little Pantry Project, volunteer opportunities for upcoming subcommittees, Advent giving ideas, and other ministry business.



**ORTHODOX CHRISTIAN
MISSION CENTER**

Mission Walk

**Sunday, November 1st at 2:00pm
Vienna, Virginia**

(meet at Ayr Hill Avenue NE and East Street)

Less than two miles off the beltway from Tysons and just over a block from Route 123, the main road.

We hope all interested in walking a beautiful wooded path with "Stepping Stones" and bridges across a creek will be interested to come.

It is a great opportunity to walk, talk and discuss mission ideas and inspirations for our DC Area.

Everyone is welcome! Bring ideas on how we can support Orthodox missionaries!

For information, contact
barbara357bosworth@gmail.com

Parish News & Announcements

Nativity Fast items now in the St. Cosmas Church Store!

Nativity Fast calendars, a book on the 12 days of Christmas, Christmas ornaments, and other items are now available. We also have 2027 calendars for children and adults. And as a bonus, all small Potamitis books are on sale for \$1 each! Come downstairs after liturgy to check out our latest offerings!

Doxacon Volunteers Needed

Doxacon is looking for two additional volunteers to help with basic event technology at Catholic University. We especially need someone comfortable plugging in laptops and helping make sure microphones, projectors, and presentation connections are working smoothly. If you're reasonably tech-savvy and willing to lend a hand, we'd be grateful for your help. Please reach out to doxaconprime@gmail.com if you can assist!

Hop Aboard the St. Mary Meal Train!

Ben and Jessie C. are excited to announce the birth of Arne, who was born on September 23rd. Support their meal train here: <https://mealtrain.com/r828ml>



Two of our newer attendees also just had a baby! There's an existing meal train that was created we can use to support them - Chidiki and Susana B. welcomed Sky Junia into the world about two weeks ago! Support their meal train here: <https://mealtrain.com/w5z2l1>



Join us for the Doxacast Remix!



In the current episode, host Cindy Collins Smith tackles Elden Ring lore to offer a taste of the sorts of talks we offer at Doxacon. Join us next week for a discussion of Backrooms! For recaps and links to the most recent episodes, visit doxacon.org/#podcast



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Oct. 26th (for November Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Claudia S.
Namedays Apostle Luke
Anniversaries Nicholas & Stephanie D.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!