



St. Mary Orthodox Church

WEEKLY BULLETIN | OCTOBER 11, 2026

19th Sunday after Pentecost

Commemoration of the Holy Fathers of the 7th Ecumenical Council

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

*Fellowship Hour hosted by Group Dub-Ki
Church School 12-1pm*

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

WEDNESDAY, OCTOBER 14

Divine Liturgy | 7-8am

Fellowship of Moms Playdate |
9-11am

Vespers | 7-7:30pm

Adult Education: Psalms in Orthodox
Worship | 7:45-8:45pm

THURSDAY, OCTOBER 15

Stewarship Committee Call | 7:30-
8pm

FRIDAY, OCTOBER 16

Philokalia Book Study | 3-4pm

SATURDAY, OCTOBER 17

Financial Peace University | 10-
11:30am

Knitting & Crocheting Group | 1-2pm

Adult Catechism | 3-4:30pm

Great Vespers | 5-6pm

Safety Ministry Appreciation Dinner |
6-8pm

SUNDAY, OCTOBER 18

Matins & Divine Liturgy | 9-11:30am

Church School Fall Social | 12-1pm



Fellowship Hour Hosting Groups:

Week 1: A-Dua

Week 2: Dub-Ki

Week 3: Kn-Robe <--- Next Week's Host

Week 4: Robi-Z

Week 5: Entire Parish *

Parish Priest: Fr. David Subu | Parish Council President: David Dill

7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 2. Troparion of the Resurrection

WHEN Thou didst descend to death,
O Life immortal, * Thou didst slay hell
with the splendor of Thy Godhead. * And
when from the depths Thou didst raise
the dead, * all the powers of heaven cried
out: // “O Giver of life, Christ our God,
glory to Thee!”

Tone 8. Troparion of the Fathers

YOU are most glorious, O Christ
our God! * You have established the
Holy Fathers as lights on the earth. *
Through them You have guided us to
the true Faith. // O greatly compas-
sionate One, glory to You!

Tone 2. Kontakion of the Resurrection

HELL became afraid, O almighty Savior,
* seeing the miracle of Thy Resurrec-
tion from the tomb! * The dead arose!
Creation, with Adam, beheld this and
rejoiced with Thee, // and the world, my
Savior, praises Thee forever.

Glory. Tone 6. Kontakion of the Fathers

THE Son Who shone forth from
the Father * was ineffably born,
two-fold in nature, of a woman. *
Having beheld Him, we do not deny
the image of His form, * but depict
it piously and revere it faithfully. *
Thus, keeping the True Faith, // the
Church venerates the icon of Christ
Incarnate.

Both now. Tone 3. Kontakion of the Church

THE Virgin is present today in the
Church * And with the fellowship of

saints she prays to God on our behalf.
* The angels and the bishops worship!
* The apostles and the prophets make
glad! // For the Theotokos makes sup-
plications for us to the everlasting
God!

PROKEIMENON

In the second tone: The Lord is my
strength and my song, / He is become
my salvation.

✠ *The Lord has chastened me sorely,
but He has not given me over unto
death.*

In the fourth tone: Blessed art Thou,
O Lord God of our fathers, / and
praised and glorified is Thy Name
forever!

EPISTLES

*The Reading is from the
Second Epistle of St. Paul to the
Corinthians (11:31-12:9)*

Brethren, the God and Father of our
Lord Jesus Christ, who is blessed
forever, knows that I am not lying. In
Damascus the governor, under Aretas
the king, was guarding the city of the
Damascenes with a garrison, desir-
ing to arrest me; but I was let down
in a basket through a window in the
wall, and escaped from his hands. It
is doubtless not profitable for me to
boast. I will come to visions and rev-
elations of the Lord: I know a man
in Christ who fourteen years ago –
whether in the body I do not know,
or whether out of the body I do not
know, God knows – such a one was

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

caught up to the third heaven. And I know such a man – whether in the body or out of the body I do not know, God knows – how he was caught up into Paradise and heard inexpressible words, which it is not lawful for a man to utter. Of such a one I will boast; yet of myself I will not boast, except in my infirmities. For though I might desire to boast, I will not be a fool; for I will speak the truth. But I refrain, lest anyone should think of me above what he sees me to be or hears from me. And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, “My grace is sufficient for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.

The Reading is from the Epistle of St. Paul to the Hebrews (13:17-16)

Brethren, remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. Jesus Christ is the same yesterday, today, and forever. Do not be carried about with various and strange doctrines. For it is good that the heart be established by grace, not with foods which have not profited those who have been occupied with them. We have an altar from which those who serve the tabernacle have no right to eat. For the bodies of those animals, whose blood is brought into the sanctuary by the high priest for sin, are burned outside the camp. Therefore Jesus also, that He might sanctify the people with His own blood, suffered

outside the gate. Therefore let us go forth to Him, outside the camp, bearing His reproach. For here we have no continuing city, but we seek the one to come. Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name. But do not forget to do good and to share, for with such sacrifices God is well pleased.

Alleluia, Tone 2:

✠ *May the Lord hear thee in the day of trouble! May the name of the God of Jacob protect thee!*

✠ *Save the King, O Lord, and hear us on the day we call to Thee!*

Alleluia, Tone 1:

✠ *The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting.*

GOSPEL

The Reading is from the Holy Gospel According to St. Luke (7:11-16)

At that time, Jesus went into a city called Nain; and many of His disciples went with Him, and a large crowd. And when He came near the gate of the city, behold, a dead man was being carried out, the only son of his mother; and she was a widow. And a large crowd from the city was with her. When the Lord saw her, He had compassion on her and said to her, “Do not weep.” Then He came and touched the open coffin, and those who carried him stood still. And He said, “Young man, I say to you, arise.” So he who was dead sat up and began to speak. And He presented him to his mother. Then fear came upon all, and they glorified God, saying, “A great prophet has risen up among us”; and, “God has visited His people.”

***The Reading is from the Holy Gospel
According to St. John (7:1-13)***

At that time, Jesus lifted up His eyes to heaven, and said: "Father, the hour has come. Glorify Your Son, that Your Son also may glorify You, as You have given Him authority over all flesh, that He should give eternal life to as many as You have given Him. And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent. I have glorified You on the earth. I have finished the work which You have given Me to do. And now, O Father, glorify Me together with Yourself, with the glory which I had with You before the world was. I have manifested Your name to the men whom You have given Me out of the world. They were Yours, You gave them to Me, and they have kept Your word. Now they have known that all things which You have given Me are from You. For I have given to them the words which You have given Me; and they have received them, and have known surely that I came forth from You; and they have believed that You sent Me. I pray for them. I do not pray for the world but for those whom You have given Me, for they are Yours. And all Mine are Yours, and Yours are Mine, and I am glorified in them. Now I am no longer in the world, but these are in the world, and I come to You. Holy Father, keep through Your name those whom You have given Me, that they may be one as We are. While I was with them in the world, I kept them in Your name. Those whom You gave Me I have kept; and none of them is lost except the son of perdition, that the Scripture might be fulfilled. But now I come to You, and these things I speak in the world, that they may have My joy fulfilled in themselves.

**THE LORD'S PRAYER
(IN GERMAN)**

Vater Unser im Himmel,
Geheiligt werde Dein Name,
Dein Reich komme.
Dein Wille geschehe,
Wie im Himmel, so auf Erden.
Unser tägliches Brot gib uns heute,
Und vergib uns unsere Schuld,
Wie auch wir vergeben unseren
Schuldigern.
Und führe uns nicht in Versuchung,
Sondern erlöse uns von dem Bösen.
Denn dein ist das Reich und die Kraft
und die Herrlichkeit in Ewigkeit.

COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens!
Praise Him in the highest!*
- ✠ *Rejoice in the Lord, O you righteous!
Praise befits the just*
- ✠ *Alleluia, Alleluia, Alleluia!*





Fellowship Hour Groups & Leaders

Week 1: A-Dua — Jon C. & Matt C.

Week 2: Dub-Ki — Allison J. & Ryan K.

Week 3: Kn-Robe — Melanie K. & Vacancy

Week 4: Robi-Z— Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

OCTOBER

Men's Breakfast w/ Fr. Gerasim | Oct. 24 @ 8-9:30am

Frying Pan Farm Park Play Date | Oct. 24 @10-11:30am

NOVEMBER

Akathist: Inexhaustible Cup | Nov. 5 @7-7:30pm

Doxacon | November 6-7 @ Catholic University

Nativity Fast | Nov. 15-Dec. 24th

DECEMBER

Royal Hours | Dec. 24 @10am-12pm

Vespertal Liturgy | Dec. 24 @ 5-6:30pm

Candlelight Vigil | Dec. 24 @ 10pm-11:30pm

Christmas Liturgy | Dec. 25 @ 10-11:30am

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings



Burgers, Bonfires & Game Night! Sunday, Oct. 18 @ 4pm

Calling all middle and high schoolers (6th grade and up)! Join us for an evening of burgers, hot dogs, games, and fellowship! Weather permitting, we'll enjoy a campfire and outdoor games—or move inside for board games and video games. All students are welcome,

whether or not they're enrolled in Church School! Feel free to bring a side dish, dessert, or drink to share. Church School teachers are welcome, too! Please simply RSVP (yes/no) on Realm so we can plan for food!

REVIVE! Opioid Overdose Prevention Training | Sunday, November 1, 12–1 PM

Join us after Divine Liturgy for a free, lifesaving training on recognizing and responding to opioid overdoses. Learn how to identify warning signs, administer naloxone (Narcan), and provide emergency assistance. No medical experience is necessary! Come learn practical skills that could save a life and help us better care for our neighbors. Please use the simple RSVP (yes/no) on Realm so we know how many to expect!

Fellowship of Moms: October Playdates

Join the Fellowship of Moms for two upcoming playdates this October! Wednesday, October 14 | 9:00 AM–12:00 PM Playdate @ the Zaki residence & Saturday, October 24 | 10:00 AM Playdate @ Frying Pan Farm Park! Come enjoy an easy morning of fellowship while the kids play. Please visit the Fellowship of Moms group in Realm for full details and updates.

***New Date* Community Outreach Serving Group Meeting-- Oct. 21**

Please mark your calendars for our next meeting on Wednesday, October 21st at 7:30 PM. A Zoom link will be shared closer to the date on Realm. We'll discuss updates on the Little Pantry Project, volunteer opportunities for upcoming subcommittees, Advent giving ideas, and other ministry business.

Parish News & Announcements

A Friendly Parking Reminder

We know parking can be tight on Sundays, and we appreciate everyone's patience and cooperation. Please remember that lawn parking is only permitted along the St. Olga House; otherwise, please use designated parking spaces or the ample street parking available nearby.

It is especially important that we keep the areas alongside our driveways clear so traffic can move safely and freely. Parking only in appropriate spaces also helps us be considerate neighbors to the surrounding community. Thank you for helping keep St. Mary's safe, accessible, and welcoming for everyone.

Hop Aboard the St. Mary Meal Train!

Ben and Jessie C. are excited to announce the birth of Arne, who was born on September 23rd. Support their meal train here: <https://mealtrain.com/r828ml>



Two of our newer attendees also just had a baby! There's an existing meal train that was created we can use to support them - Chidiki and Susana B. welcomed Sky Junia into the world about two weeks ago! Support their meal train here: <https://mealtrain.com/w5z2l1>



Join us for the Doxacast Remix!

The Doxacast Remix recently explored Twin Peaks with first-time watchers Christina Zrake and Jos & Maggie Johnson. In the current episode, host Cindy Collins Smith tackles Elden Ring lore to offer a taste of the sorts of talks we offer at Doxacon. For recaps and links to the most recent episodes, visit doxacon.org/#podcast



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Oct. 26th (for November Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Liviu D., Emma J., Isabel K., Alexandra L.
Namedays St. Kenneth of Kilkenny, St. Symeon the New Theologian
Anniversaries Jordan & Mariia C., Nicholas & Stephanie D., Jim & Ioana M.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!