



St. Mary Orthodox Church

WEEKLY BULLETIN | SEPTEMBER 20, 2026

16th Sunday after Pentecost

Afterfeast for the Exaltation of the Cross - Greatmartyr Eustathius Placidus, his wife, Martyr Theopistes, and their children

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

Fellowship Hour hosted by Group Kh-P

Church School Begins (Registration Required)

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

MONDAY, SEPTEMBER 21

Parish Council | 7-8:30pm

TUESDAY, SEPTEMBER 22

Knitting & Crochet Group Launch Cal |
See Realm for Details

WEDNESDAY, SEPTEMBER 23

Vespers | 7-7:30pm

THURSDAY, SEPTEMBER 24

Divine Liturgy | 7-8am

FRIDAY, SEPTEMBER 25

Philokalia Book Study | 3-4pm

SATURDAY, SEPTEMBER 26

On Behalf of All Family Retreat |
8:30am-2:30pm

Adult Catechism | 3-4:30pm

Great Vespers | 5-6pm

SUNDAY, SEPTEMBER 27

Matins & Divine Liturgy | 9-11:30am

Church School | 12-1pm

Women's Bible Study | 5:30-7pm (see
Realm for details)



Fellowship Hour Hosting Groups:

Week 1: A-Dua

Week 2: Dub-Ki

Week 3: Kn-Robe

Week 4: Robi-Z <-- Next Week's Host

Week 5: Entire Parish *

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 7. Troparion of the Resurrection

BY Thy Cross Thou didst destroy death. * To the thief Thou didst open Paradise. * For the Myrrhbearers Thou didst change weeping into joy, * and Thou didst command Thy disciples, O Christ God, * to proclaim that Thou art risen, // granting the world great mercy.

Tone 1. Troparion of the Feast

O LORD, save Your people, * and bless Your inheritance! * Grant victories to the Orthodox Christians * over their adversaries; * and by virtue of Your Cross, // preserve Your habitation!

Tone 4. Troparion of St. Eustathius

YOUR holy martyr Eustathius and his wife and sons, O Lord, * through their sufferings have received incorruptible crown from You, our God. * For having Your strength, they laid low their adversaries, * and shattered the powerless boldness of demons. // Through their intercession, save our souls!

Tone 7. Kontakion of the Resurrection

THE dominion of death can no longer hold men captive, * for Christ descended, shattering and destroying its powers. * Hell is bound, while the Prophets rejoice and cry: * "The Savior has come to those in faith; // enter, you faithful, into the Resurrection!"

Glory. Tone 2. Kontakion of St. Eustathius

HAVING openly imitated the Passion of Christ, * and having eagerly drunk

of His cup, O Eustathius, * you became a partaker and fellow-heir of His glory, // receiving divine forgiveness from on high from the God of all.

Both now. Tone 4. Kontakion of the Feast

AS You were voluntarily raised upon the Cross for our sake, * grant mercy to those who are called by Your Name, O Christ God; * make all Orthodox Christians glad by Your power, * granting them victories over their adversaries // by bestowing on them the invincible trophy, Your weapon of peace!

PROKEIMENON

In the seventh tone: Extol the Lord our God: / worship at His footstool for He is holy!

∇ *The Lord reigns, let the people tremble!*

EPISTLE

The Reading is from the Epistle of St. Paul to the Galatians (2:16-20)

Brethren, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhiros, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

The Reading is from Second Epistle of St. Paul to the Corinthians (6:1-10)

Brethren, we then, as workers together with Him also plead with you not to receive the grace of God in vain. For He says: "In an acceptable time I have heard You, and in the day of salvation I have helped You." Behold, now is the accepted time; behold, now is the day of salvation. We give no offense in anything, that our ministry may not be blamed. But in all things we commend ourselves as ministers of God: in much patience, in tribulations, in needs, in distresses, in stripes, in imprisonments, in tumults, in labors, in sleeplessness, in fastings; by purity, by knowledge, by longsuffering, by kindness, by the Holy Spirit, by sincere love, by the word of truth, by the power of God, by the armor of righteousness on the right hand and on the left, by honor and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and behold we live; as chastened, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Alleluia, Tone 1:

- ✠ *Remember Your congregation, which You have gotten of old!*
- ✠ *God is our King before the ages; He has worked salvation in the midst of the earth!*

GOSPEL

The Reading is from the Holy Gospel According to St. Mark (8:34-9:1)

The Lord said, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

The Reading is from the Holy Gospel According to St. Matthew (25:14-30)

The Lord said this parable, "The kingdom of heaven is like a man traveling to a far country, who called his own servants and delivered his goods to them. And to one he gave five talents, to another two, and to another one, to each according to his own ability; and immediately he went on a journey. Then he who had received the five talents went and traded with them, and made another five talents. And likewise he who had received two gained two more also. But he who had received one went and dug in the ground, and hid his lord's money. After a long time the lord of those servants came and settled accounts with them. So he who had received five talents came and brought five other talents, saying, 'Lord, you delivered to me five talents; look, I have gained five more talents besides them.' His lord said to him, 'Well done, good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into

the joy of your lord.' He also who had received two talents came and said, 'Lord, you delivered to me two talents; look, I have gained two more talents besides them.' His lord said to him, 'Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.' Then he who had received the one talent came and said, 'Lord, I knew you to be a hard man, reaping where you have not sown, and gathering where you have not scattered seed. And I was afraid, and went and hid your talent in the ground. Look, there you have what is yours.' But his lord answered and said to him, 'You wicked and lazy servant, you knew that I reap where I have not sown, and gather where I have not scattered seed. So you ought to have deposited my money with the bankers, and at my coming I would have received back my own with interest. Therefore take the talent from him, and give it to him who has ten talents. For to everyone who has, more will be given, and he will have abundance; but from him who does not have, even what he has will be taken away. And cast the unprofitable servant into the outer darkness. There will be weeping and gnashing of teeth.'

INSTEAD OF "IT IS TRULY MEET"

Tone 8. Magnify, O my soul, the most precious Cross of the Lord!

You are a mystical Paradise, O Theotokos, * who, though untitled, have brought forth Christ; * through Him the life-bearing wood of the Cross was planted on earth. * Now at its Exaltation, * as we bow in worship before it, we magnify you

THE LORD'S PRAYER (IN UKRAINIAN)

*Otche nash, shcho yesy na nebesakh,
Отче наш, що еси на небесах,
Nekhai svyatytsya Im'ya Tvoye.
Нехай святитись Ім'я Твоє.
Khay pryide Tsarstvo Tvoye,
Хай прийде Царство Твоє,
nekhai bude volya Tvoja
нехай буде воля Твоя
Yak na nebi, tak i na zemli
Як на небі, так і на землі
Khlib nash nasushchnyi dai nam sohodni.
Хліб наш насущний дай нам сьогодні.
I prosty nam provyny nashi,
І прости нам провини наші,
yak i my proshchayemo vynuvsyamy
nashym.
як і ми прощаємо винуватцям
нашим.
I ne vvedy nas u spokusu,
І не введи нас у спокусу,
ale vyzvoly nas vid lukavoho.
але визволи нас від лукавого.*

COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens!
Praise Him in the highest!*
- ✠ *The light of Thy countenance is
signed upon us, O Lord.*
- ✠ *Alleluia, Alleluia, Alleluia!*





Fellowship Hour Groups & Leaders

Week 1: A-Dua — Jon C. & Matt C.

Week 2: Dub-Ki — Allison J. & Ryan K.

Week 3: Kn-Robe — Melanie K. & Vacancy

Week 4: Robi-Z— Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

OCTOBER

Divine Liturgy (Protection of the Mother of God) | Oct. 1 @ 7-8am

Akathist: Inexhaustible Cup | Oct. 1

Financial Peace University Begins | Oct. 3 @ 10am

Ranch Glam Dinner Dance | October 3 @ 6pm

Wednesday Night Adult Education Begins | Oct. 7 @ 7:45pm

Safety Ministry Appreciation Dinner | Oct. 17th @ 6-8pm

Divine Liturgy of St. James | Oct. 23 @ 10am

NOVEMBER

Akathist: Inexhaustible Cup | Nov. 5 @ 7-7:30pm

Doxacon | November 6-7 @ Catholic University

Nativity Fast | Nov. 15-Dec. 24th

DECEMBER

Royal Hours | Dec. 24 @ 10am-12pm

Vespertal Liturgy | Dec. 24 @ 5-6:30pm

Candlelight Vigil | Dec. 24 @ 10pm-11:30pm

Christmas Liturgy | Dec. 25 @ 10-11:30am

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings

Parish Family Retreat: Building Bridges of Understanding

Join us on Saturday, September 26 from 8:30 AM–2:30 PM for St. Mary's On Behalf of All Parish Family Retreat. Together, we will explore how our parish can better welcome, support, and include all members of the Body of Christ, including children with disabilities. The day will focus on hospitality, accessibility in faith education, compassionate accompaniment, and recognizing the gifts of every parishioner. Childcare and meals will be provided. All are welcome!



Join Orthodox Christians for Palestine's September Speaker Series

On Sat., September 26th @ 12:00-1:30 EST, Fr Paul Abernathy, priest of St Moses the Black (Antiochian) in Pittsburgh and founding CEO of the Neighborhood Resilience Project will speak to us about: "St. Basil the Great, St. Maria of Paris, St. Herman of Alaska: Love For Our Suffering Neighbor in a Fallen World" Link to register: <https://us06web.zoom.us/meeting/register/xAehty3D-QNu6rrdpeblsNQ#/registration> Contact Matt H. (St. Mary parishioner) with any questions, comments, or concerns.



12 Days Until the Dinner Dance -- Remember to Purchase Tickets!

Book the babysitter, dog sitter, or whatever else you need to clear your schedule on the evening of Saturday, October 3 for what is sure to be an unforgettable evening of dinner, dancing, auctions, and fellowship with our parish family—all while supporting the future home of St. Mary's. Tickets are still available, so sign up today and come ready to celebrate and give generously!



Dinner Dance
Tickets:



Dinner Dance
Auction Donation:



Parish News & Announcements

Church School Begins Today!

Our children and youth will be learning all about the Divine Liturgy and growing in their understanding of the worship life of the Church. Following Liturgy, Fr. David will dismiss Church School teachers and students first so youth can meet their teachers and get settled. PreK–5th grade students will return to the children's lunch area in the basement for fellowship before class. Middle and High School students should go through Fellowship Hour first and eat outside or in the Fellowship Hall before meeting in their temporary classroom location in the choir loft until the St. Nina House repairs are complete.

This year, we are strictly enforcing registration and check-in/check-out procedures to help ensure the safety of all children. We kindly ask adults who are not visiting the church store, library, or restroom to avoid gathering in the basement while Church School is in session. Parents may return to check out their children when classes conclude around 1:00 PM. Any questions may be directed to Caleb Faber, Church School Director. Be sure to register your child if you haven't already:



Financial Peace University returns October 3!

If you're ready to reduce the mental load of debt, build a clearer path toward retirement, and create more room for generosity, this course offers practical tools and proven strategies to help you move forward with confidence. If you're interested, email Doug M. or Caleb F. for more info (check printed bulletin for email).

Join us for the Doxacast Remix!



Join the Doxacast Remix for exciting discussions of the Broadway musical *Hedestown*, and the classic video game *Skyrim*. For recaps and links to the most recent episodes, visit doxacon.org/#podcast. For recaps and links to the most recent episodes, visit doxacon.org/#podcast.



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Sept. 21st (for October Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Sally A., Jordan C., Jesse D., Eva F., Olivia H., Steve H.
Namedays None.
Anniversaries Matt & Melanie T.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!