



St. Mary Orthodox Church

WEEKLY BULLETIN | AUGUST 30, 2026

13th Sunday after Pentecost

Afterfeast of the Beheading of the Forerunner

Sts. Alexander, John, and Paul the New, Patriarchs of Constantinople

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

*5th Sunday Fellowship Hour Sponsored
by Everyone!*

*Ministry Fair on the Lawn (11:30am-
1:00pm)*

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon-Fri @ 7:30am-8am online

TUESDAY, SEPTEMBER 1

Church New Year

Divine Liturgy | 7-8am

THURSDAY, SEPTEMBER 3

Akathist: Inexhaustible Cup |

7-7:30pm

FRIDAY, SEPTEMBER 4

Philokalia Book Study | 3-4pm

SUNDAY, SEPTEMBER 6

Matins & Divine Liturgy | 9-11:30am



***Updated* Fellowship Hour Hosting Groups:**

Week 1: A-Dua ← Next Week's Host

Week 2: Dub-Ki

Week 3: Kn-Robe

Week 4: Robi-Z

Week 5: Entire Parish *

Parish Priest: Fr. David Subu | Parish Council President: David Dill

7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 4. Troparion of the Resurrection

WHEN the women disciples of the Lord * learned from the angel the joyous message of Thy Resurrection, * they cast away the ancestral curse * and elatedly told the apostles: * “Death is overthrown! * Christ God is risen, // granting the world great mercy!”

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy * illumined by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 2. Troparion of the Forerunner

THE memory of the righteous is celebrated with hymns of praise, * but the Lord’s testimony is sufficient for you, O Forerunner. * You were shown in truth to be the most honorable of the Prophets, * for you were deemed worthy to baptize in the streams of the Jordan Him Whom they foretold. * Therefore, having suffered for the truth with joy, * you proclaimed to those in hell God Who appeared in the flesh, * Who takes away the sin of the world // and grants us great mercy.

Tone 4. Troparion of the Saints

O GOD of our Fathers, * always act with kindness towards us; * take not

Your mercy from us, * but guide our lives in peace // through the prayers of the Patriarchs Alexander, John, and Paul!

Tone 4. Kontakion of the Resurrection

MY Savior and Redeemer * as God rose from the tomb and delivered the earth-born from their chains. * He has shattered the gates of hell, * and as Master, // He has risen on the third day!

Tone 5. Kontakion of the Forerunner

THE glorious beheading of the Fore-runner * became an act of divine dispensation, * for he preached to those in hell the coming of the Savior. * Let Herodias lament, for she entreated lawless murder, * loving not the Law of God, nor eternal life, // but that which is false and temporal.

Glorify. Tone 8. Kontakion of the Saints

SET a flame by the love of Christ, O glorious ones, * you took up the yoke of His precious Cross, revealing yourselves as followers in His footsteps by your way of life, * and you became partakers of His divine glory, * divinely-wise Alexander, with wonderful John and glorious Paul. // As you stand before His throne, earnestly pray for our souls!

Both now. Tone 3. Kontakion of the Church

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad!

— The Trisagion in Other Languages (Transliterated) —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

// For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the fourth tone: O Lord, how manifold are Thy works! / In wisdom hast Thou made them all!

✠ *Bless the Lord, O my soul! O Lord my God, Thou art very great!*

EPISTLE

The Reading is from First Epistle of St. Paul to the Corinthians (16:13-24)

Brethren, watch, stand fast in the faith, be brave, be strong. Let all that you do be done with love. I urge you, brethren – you know the household of Stephanas, that it is the firstfruits of Achaia, and that they have devoted themselves to the ministry of the saints – that you also submit to such, and to everyone who works and labors with us. I am glad about the coming of Stephanas, Fortunatus, and Achaicus, for what was lacking on your part they supplied. For they refreshed my spirit and yours. Therefore acknowledge such men. The churches of Asia greet you. Aquila and Priscilla greet you heartily in the Lord, with the church that is in their house. All the brethren greet you. Greet one another with a holy kiss. The salutation with my own hand – Paul’s. If anyone does not love the Lord Jesus Christ, let him be accursed. O Lord, come! The grace of our Lord Jesus Christ be with you. My love be with you all in Christ Jesus. Amen.

Alleluia, Tone 4:

✠ *Go forth, proper and reign, for the sake of meekness, righteousness, and truth!*

✠ *For Thou lovest righteousness and dost hate iniquity.*

GOSPEL

The Reading is from the Holy Gospel According to St. Matthew (21:33-42)

The Lord spoke this parable, "There was a certain landowner who planted a vineyard and set a hedge around it, dug a winepress in it and built a tower. And he leased it to vinedressers and went into a far country. Now when vintage-time drew near, he sent his servants to the vinedressers, that they might receive its fruit. And the vinedressers took his servants, beat one, killed one, and stoned another. Again he sent other servants, more than the first, and they did likewise to them. Then last of all he sent his son to them, saying, 'They will respect my son.' But when the vinedressers saw the son, they said among themselves, 'This is the heir. Come, let us kill him and seize his inheritance.' So they took him and cast him out of the vineyard and killed him. Therefore, when the owner of the vineyard comes, what will he do to those vinedressers?" They said to Him, "He will destroy those wicked men miserably, and lease his vineyard to other vinedressers who will render to him the fruits in their seasons." Jesus said to them, "Have you never read in the Scriptures: 'The stone which the builders rejected Has become the chief cornerstone. This was the LORD's doing, and it is marvelous in our eyes?'"

COMMUNION HYMNS

✠ *Praise the Lord from the heavens! Praise Him in the highest!*

✠ *Alleluia, Alleluia, Alleluia!*





St. MARY'S 2026 ANNUAL
**DINNER
DANCE**

SA
SATURDAY, OCT 3
@ ST. LUKE'S IN MCLEAN
6:00-10:00PM

- COCKTAIL HOUR
- CANDLELIT DINNER
- SILENT AUCTION
- DESSERT AUCTION

ALL PROCEEDS GO TO VISION
2030 CAPITAL CAMPAIGN FUND!

SCAN TO REGISTER:



2026 Annual
**ALL-PARISH
PICNIC**

DATE
September 13, 2026
After Divine Liturgy

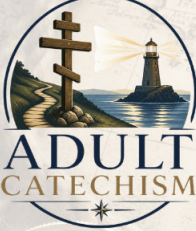
EVENT HIGHLIGHTS:

- Parish Cookout • Lawn Games •
Children's Treats • Temporary
Tattoos • Face Painting • Music &
Fellowship • Family-Friendly
Activities • Rain-or-Shine Fun

SCAN HERE
TO SIGN-UP
FOR A POTLUCK DISH



2026-2027



**ADULT
CATECHISM**

FALLS CHURCH, VA
ST. MARY ORTHODOX CHURCH

FALL 2026: DOCTRINE & SPIRITUALITY

This fall, St. Mary's will offer an Adult Catechism course covering the Nicene Creed and the foundations of Orthodox Christian doctrine and spirituality. Our first class begins September 19 at 3:00 PM. Please register in advance; once registered, you will receive the class link and syllabus by email. Together with the Winter session, this course will help prepare St. Mary's catechumens for reception into the Orthodox Church and deepen participants' understanding of the faith expressed in the Nicene Creed.

SCAN TO REGISTER:





***Updated* Fellowship Hour Groups & Leaders**

Week 1: A-Dua — Jon C. & Matt C.

Week 2: Dub-Ki — Allison J. & Vacancy

Week 3: Kn-Robe — Melanie K. & Vacancy

Week 4: Robi-Z— Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

SEPTEMBER

Akathist: Inexhaustible Cup | Sept. 3

Festal Liturgy | Sept. 8 @ 10-11am

Episcopate Congress (Office Closed) | Sept. 9-12

Annual All-Parish Picnic | Sept. 13

Divine Liturgy | Sept. 17 @ 7-8am

'26-'27 Adult Catechism Begins | Sept. 19

Church School Begins | Sept. 20

Divine Liturgy | Sept. 24 @ 7-8am

OBOA Parish Family Retreat | Sept. 26 @ 8:30am-2:30pm

OCTOBER

Akathist: Inexhaustible Cup | Oct. 1

Financial Peace University Begins | Oct. 3 @ 10am

Ranch Glam Dinner Dance | October 3 @ 6pm

Divine Liturgy of St. James | Oct. 23 @ 10am

NOVEMBER

Doxacon | November 6-7 @ Catholic University

Nativity Fast | Nov. 15-Dec. 24th

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings



Young Adult Game Night

Join us Saturday, September 12 at 5:00 PM at St. Mary's for an evening of dinner, fellowship, and games! Food will be provided, and you're welcome to bring a favorite game to share. Please RSVP and let us know about any dietary restrictions so we can plan accordingly. Questions or RSVP: YAM@stmaryorthodox.org!

Parish Family Retreat: Building Bridges of Understanding

Join us on Saturday, September 26 from 8:30 AM–2:30 PM for St. Mary's On Behalf of All Parish Family Retreat. Together, we will explore how our parish can better welcome, support, and include all members of the Body of Christ, including children with disabilities. The day will focus on hospitality, accessibility in faith education, compassionate accompaniment, and recognizing the gifts of every parishioner. Childcare and meals will be provided. All are welcome!



Save the Date: Reel Women Move Night!

Join us the evening of Tuesday, September 15th for our next Reel Women gathering! Movie options will be posted in the Realm group the week before—don't forget to login on Realm and vote for your pick in our group.

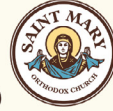
Unique Opportunity to be Professionally Coached

One of our parishioners, Jenni S., is currently training to acquire professional coach certification. The organization that certifies professional coaches requires 500 hours of coaching experience and stipulates that 450 of those hours must be “paid”, but it defines “paid” very liberally. Basically, Jenni can accept absolutely anything in return for her coaching services, including a meal, a cup of coffee, any services you provide, a LinkedIn testimonial about her coaching, money (of course), or anything else you have to give. That means that, for a limited time, we can all get a service that usually costs \$150–\$250 an hour for whatever we can afford to “pay”. To learn more about coaching and how to get in touch with Jenni, scan here:



Parish News & Announcements

TODAY: 2026 MINISTRY FAIR



Aug.
30th



During
Fellowship
Hour

- Discover the many ministries of St. Mary (or promote your ministry!) & get connected
- Meet ministry leaders and find new ways to get involved
- Especially helpful for new parishioners



**New Ministry
Booklet**

Easily find Realm
Groups & POCs



**Ministry
Passport**

Collect stamps &
enter for a raffle



Swag

Treats & Giveaways



More info:

<https://www.stmaryorthodox.org/ministries>

Visit and put your time, talents & resources to use!

Share Your Talents & Interests! Help us better understand the gifts, skills, and interests within our St. Mary's community! Please check the Realm Newsfeed and take a few minutes to complete our Talents & Interests Survey. Prefer paper? Hard copies are available on the shelves near the basement restrooms. Your responses will help us connect parishioners with ministries, volunteer opportunities, and new ways to participate in parish life.



Join us for the Doxacast Remix!

Join the Doxacast Remix for a discussion of the year's most controversial film: "Coming to Himself in Christopher Nolan's The Odyssey," featuring Dn. Nicholas Kotar and Amy Brown-ing-Dill. For recaps and links to the most recent episodes, visit doxacon.org/#podcast



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Sept. 21st (for October Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Alex G., Margaret J., Matt H., Phil K., Maksym M., Luca M., Vittorio S.

Namedays St. Cyprian of Carthage, St. Alexander, St. Phoebe

Anniversaries Steve S. & Fotina N., Nick & Alina S., Robert & Paula Y.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!