



# St. Mary Orthodox Church

WEEKLY BULLETIN | AUGUST 23, 2026

**12th Sunday after Pentecost**  
*Leavetaking of the Dormition*

## Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

*Following the service:*

*Fellowship Hour Sponsored by Group  
Q-Z*

*Men's Fellowship @ the Nicholas K. Residence (6-8pm) (see Realm for details)*

## This Week At St. Mary's

**Daily 3rd & 6th Hours — Mon–Fri @ 7:30am–8am online**

### **MONDAY, AUGUST 24**

Parish Council | 7-8:30pm

### **FRIDAY, AUGUST 28**

Philokalia Book Study | 3-4pm

### **SATURDAY, AUGUST 29**

Great Vespers | 5-6pm

### **SUNDAY, AUGUST 30**

Matins & Divine Liturgy | 9-11:30am

Ministry Fair | 11:30am-1:00pm (Contact Lacie Faber ASAP if you would like to have a table!)



### ***Fellowship Hour Hosting Groups:***

Week 1: A-Di

Week 2: Do-Ke

Week 3: Kh-P

Week 4: Q-Z

**Week 5: Entire Parish ← Next Week's Host**

*\* Note: Updated Group Assignments Starting in September \**

Parish Priest: Fr. David Subu | Parish Council President: David Dill  
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | [stmaryorthodox.org](http://stmaryorthodox.org)

## HYMNS OF THE DAY

### *Tone 3. Troparion of the Resurrection*

LET the heavens rejoice! \* Let the earth be glad! \* For the Lord has shown strength with His arm. \* He has trampled down death by death. \* He has become the first born of the dead. \* He has delivered us from the depths of hell, \* and has granted the world // great mercy.

### *Tone 1. Troparion of the Feast*

IN giving birth you preserved your virginity. \* In falling asleep you did not forsake the world, O Birthgiver of God. \* You were translated to life O Mother of Life, // and by your prayers deliver our souls from death.

### *Glory. Tone 3. Kontakion of the Resurrection*

ON this day Thou didst rise from the tomb, O Merciful One, \* leading us from the gates of death. \* On this day Adam exults as Eve rejoices; \* with the Prophets and Patriarchs // they unceasingly praise the divine majesty of Thy power.

### **Both now.** *Tone 2. Kontakion of Feast*

NEITHER the tomb, nor death, could hold the Theotokos, \* who is constant in prayer and our firm hope in her intercessions. \* For being the Moth-er of Life, // she was translated to life by the One Who dwelt in her virginal womb.

## PROKEIMENON

**In the third tone:** Sing praises to our

God, sing praises! / Sing praises to our King, sing praises!

✠ *Clap your hands, all ye people, shout to God with loud songs of joy!*

**In the third tone:** My soul magnifies the Lord, / and my spirit rejoices in God my Savior.

## EPISTLES

### *The Reading is from First Epistle of St. Paul to the Corinthians (15:1-11)*

Brethren, I declare to you the gospel which I preached to you, which also you received and in which you stand, by which also you are saved, if you hold fast that word which I preached to you – unless you believed in vain. For I delivered to you first of all that which I also received: that Christ died for our sins according to the Scriptures, and that He was buried, and that He rose again the third day according to the Scriptures, and that He was seen by Cephas, then by the twelve. After that He was seen by over five hundred brethren at once, of whom the greater part remain to the present, but some have fallen asleep. After that He was seen by James, then by all the apostles. Then last of all He was seen by me also, as by one born out of due time. For I am the least of the apostles, who am not worthy to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and His grace toward me was not in vain; but I labored more abundantly than they all, yet not I, but the grace of God which was with me. Therefore,

### — *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi  
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas  
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna  
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas  
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

whether it was I or they, so we preach and so you believed.

***The Reading is from the Epistle of St. Paul to the Philippians (2:5-11)***

*Brethren*, let this mind be in you which was also in Christ Jesus, who, being in the form of God, did not consider it robbery to be equal with God, but made Himself of no reputation, taking the form of a bondservant, and coming in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross. Therefore God also has highly exalted Him and given Him the name which is above every name, that at the name of Jesus every knee should bow, of those in heaven, and of those on earth, and of those under the earth, and that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

*Alleluia, Tone 3:*

✠ *In Thee, O Lord, have I hoped; let me never be put to shame!*

✠ *Be a God of protection for me, a house of refuge in order to save me!*

*Alleluia, Tone 8:*

✠ *Arise, O Lord, into Thy rest, Thou and the Ark of Thy sanctification!*

**GOSPEL**

***The Reading is from the Holy Gospel According to St. Matthew (19:16-26)***

*At that time, a young man came up to Jesus and said to Him, "Good Teacher, what good thing shall I do that I may have eternal life?" So He said to him, "Why do you call Me good? No one is good but One, that is, God. But if you want to enter into life, keep the commandments." He said to Him, "Which ones?" Jesus said, "'You shall not murder,' 'You shall not commit adultery,'*

*'You shall not steal,' 'You shall not bear false witness,' 'Honor your father and your mother,' and, 'You shall love your neighbor as yourself.' " The young man said to Him, "All these things I have kept from my youth. What do I still lack?" Jesus said to him, "If you want to be perfect, go, sell what you have and give to the poor, and you will have treasure in heaven; and come, follow Me." But when the young man heard that saying, he went away sorrowful, for he had great possessions. Then Jesus said to His disciples, "Assuredly, I say to you that it is hard for a rich man to enter the kingdom of heaven. And again I say to you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God. When His disciples heard it, they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."*

***The Reading is from the Holy Gospel According to St. Luke (10:38-42; 11:27-28)***

*At that time, Jesus entered a certain village; and a certain woman named Martha welcomed Him into her house. And she had a sister called Mary, who also sat at Jesus' feet and heard His word. But Martha was distracted with much serving, and she approached Him and said, "Lord, do You not care that my sister has left me to serve alone? Therefore tell her to help me." And Jesus answered and said to her, "Martha, Martha, you are worried and troubled about many things. But one thing is needed, and Mary has chosen that good part, which will not be taken away from her." And it happened, as He spoke these things, that a certain woman from the crowd raised her voice and said to Him, "Blessed is the womb that bore You,*

and the breasts which nursed You!" But He said, "More than that, blessed are those who hear the word of God and keep it!"

### INSTEAD OF "IT IS TRULY MEET"

The Angels, as they looked upon the Dormition of the Virgin, were struck with wonder, seeing how the Virgin went up from earth to heaven. The limits of nature are overcome in you, O Pure Virgin: for birthgiving remains virginal, and life is united to death; a virgin after childbearing and alive after death, you ever save your inheritance, O Theotokos.

### COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens!  
Praise Him in the highest!*
- ✠ *I will receive the cup of salvation /  
and call on the Name of the Lord!*
- ✠ *Alleluia, Alleluia, Alleluia!*



## 2026 Annual ALL-PARISH PICNIC

**DATE**  
September 13, 2026  
After Divine Liturgy

**EVENT HIGHLIGHTS:**

- Parish Cookout • Lawn Games • Children's Treats • Temporary Tattoos • Face Painting • Music & Fellowship • Family-Friendly Activities • Rain-or-Shine Fun

**SCAN HERE  
TO SIGN-UP  
FOR A POTLUCK DISH**

### FALL 2026: DOCTRINE & SPIRITUALITY

This fall, St. Mary's will offer an Adult Catechism course covering the Nicene Creed and the foundations of Orthodox Christian doctrine and spirituality. Our first class begins September 19 at 3:00 PM. Please register in advance; once registered, you will receive the class link and syllabus by email. Together with the Winter session, this course will help prepare St. Mary's catechumens for reception into the Orthodox Church and deepen participants' understanding of the faith expressed in the Nicene Creed.

**SCAN TO REGISTER:**



## Fellowship Hour Groups & Leaders

**Week 1:** A-Di —

Jon C. & Matt C.

**Week 2:** Do-Ke — Allison J. & Vacancy

**Week 3:** Kh-P — Melanie K. & Vacancy

**Week 4:** Q-Z — Nathan & Charity W. & Dylan S.

**Week 5:** Entire Parish — Dsa. Irene L., Alyssa M.

## Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email [lacie@stmaryorthodox.org](mailto:lacie@stmaryorthodox.org)) and we'll get you set up!



# Save the Date

*Services, holidays, and other events*

## AUGUST

**Ministry Fair** | August 30

## SEPTEMBER

**Akathist: Inexhaustible Cup** | Sept. 3

**Festal Liturgy** | Sept. 8 @ 10-11am

**Episcopate Congress (Office Closed)** | Sept. 9-12

**Annual All-Parish Picnic** | Sept. 13

**Divine Liturgy** | Sept. 17 @ 7-8am

**'26-'27 Adult Catechism Begins** | Sept. 19

**Church School Begins** | Sept. 20

**Divine Liturgy** | Sept. 24 @ 7-8am

**OBOA Parish Family Retreat** | Sept. 26 @ 8:30am-2:30pm

## OCTOBER

**Akathist: Inexhaustible Cup** | Oct. 1

**Dinner Dance** | October 3 @ 6pm

**Divine Liturgy of St. James** | Oct. 23 @ 10am

## NOVEMBER

**Doxacon** | November 6-7 @ Catholic University

Visit [stmaryorthodox.org/calendar](http://stmaryorthodox.org/calendar) for complete and updated listings!

# Upcoming Events & Outings



## Young Adult Game Night — September 12

Join us Saturday, September 12 at 5:00 PM at St. Mary's for an evening of dinner, fellowship, and games! Food will be provided, and you're welcome to bring a favorite game to share. Please RSVP and let us know about any dietary restrictions so we can plan accordingly. Questions or RSVP: [YAM@stmaryorthodox.org](mailto:YAM@stmaryorthodox.org)



## Men's Fellowship — August 23 (today)

Men of St. Mary's are invited to gather Sunday, August 23 from 6:00–8:00 PM for an evening of food, fellowship, and conversation. Bring a snack, dessert, or favorite drink to share. Our host, Nicholas K., recently returned from Poland and will share about Orthodoxy in Poland. Check out the "Men's Fellowship" Group on Realm for the address & details

## Faith is Action: Conversations on Palestine

Join Orthodox Christians for Palestine for the next conversation in its 2026 speaker and discussion series. Featured Speaker is Prof. Dr. Michel Abs, Secretary General, Middle East Council of Churches. Topic: The Middle East Council of Churches and the Palestinians. Dr. Abs will discuss the role of the Middle East Council of Churches in serving Palestinian communities, supporting Christian solidarity, and advocating for peace, justice, and the dignity of the Palestinian people. All are welcome. Scan to register!



## Parish Family Retreat: Building Bridges of Understanding

Join us on Saturday, September 26 from 8:30 AM–2:30 PM for St. Mary's On Behalf of All Parish Family Retreat. Together, we will explore how our parish can better welcome, support, and include all members of the Body of Christ, including children with disabilities. The day will focus on hospitality, accessibility in faith education, compassionate accompaniment, and recognizing the gifts of every parishioner. Childcare and meals will be provided. All are welcome!



## St. Mary's Annual Dinner Dance — October 3

Join us for an unforgettable Ranch Glam evening of cocktails, dinner, live music, dancing, raffles, and auctions—all in support of Vision 2030 (details forthcoming) and the future of our parish. This year's Dinner Dance is especially important as we continue working toward a permanent home where St. Mary's can grow for generations to come. Scan for more details and to register!



# Parish News & Announcements

## NEXT WEEK: 2026 MINISTRY FAIR



**Aug.  
30th**



**During  
Fellowship  
Hour**

- Discover the many ministries of St. Mary (or promote your ministry!) & get connected
- Meet ministry leaders and find new ways to get involved
- Especially helpful for new parishioners

**Something for all ages!**



**New Ministry  
Booklet**

Easily find Realm  
Groups & POCs



**Ministry  
Passport**

Collect stamps &  
enter for a raffle



**Swag**

Treats & Giveaways



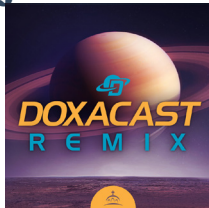
More info:

<https://www.stmaryorthodox.org/ministries>

**Visit and put your time, talents & resources to use!**

**Share Your Talents & Interests!** Help us better understand the gifts, skills, and interests within our St. Mary's community! Please check the Realm Newsfeed and take a few minutes to complete our Talents & Interests Survey. Prefer paper? Hard copies are available on the shelves near the basement restrooms. Your responses will help us connect parishioners with ministries, volunteer opportunities, and new ways to participate in parish life.

## Join us for the Doxacast Remix!



Join the Doxacast Remix for a discussion of the year's most controversial film: "Coming to Himself in Christopher Nolan's The Odyssey," featuring Dn. Nicholas Kotar and Amy Browning-Dill. For recaps and links to the most recent episodes, visit [doxacon.org/#podcast](https://doxacon.org/#podcast)



## Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at [lacie@stmaryorthodox.org](mailto:lacie@stmaryorthodox.org)

Newsletter deadline | Monday, Aug. 24th (for September Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

# God Grant You Many Years!



**Birthdays** Cristina B., Susan F., Elspeth G., Andra P., Francis K.  
**Namedays** St. Natalie of Nicomedia, St. Adrian of Nicomedia  
**Anniversaries** George & Eleni W.

*From the  
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email [frdavid@stmaryorthodox.org](mailto:frdavid@stmaryorthodox.org) to get on Fr. David's calendar!



## ***Giving to St. Mary's***

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

***Thank you for your generosity!***

## **Are you visiting? Welcome to St. Mary's!**

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

***Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!***