



St. Mary Orthodox Church

WEEKLY BULLETIN | AUGUST 9, 2026

10th Sunday after Pentecost

*Glorification of our Venerable and God-Bearing Father Herman of Alaska,
Wonderworker of Alaska and Equal to the Apostles*

Today's Schedule

9:00am — Baptism

10:00am — Divine Liturgy

Following the service:

Fellowship Hour Sponsored by Group

Do-Ke

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am–8am online

MONDAY, AUGUST 10

Paraclesis | 7:00–7:40pm

WEDNESDAY, AUGUST 12

Paraclesis | 7:00–7:40pm

THURSDAY, AUGUST 13

Paraclesis | 7:00–7:40pm

FRIDAY, AUGUST 14

Festal Vigil | 7–9:30pm

SATURDAY, AUGUST 15

Dormition of the Theotokos

Baptism: Strube | 9–10am

Festal Liturgy with Blessing of Flow-
ers/Herbs | 10–11:30am

Great Vespers | 5–6pm

SUNDAY, AUGUST 16

Matins & Divine Liturgy | 9–11:30am



Fellowship Hour Hosting Groups:

Week 1: A-Di

Week 2: Do-Ke

Week 3: Kh-P ← Next Week's Host

Week 4: Q-Z

Week 5: Entire Parish

** Note: Updated Group Assignments Starting in
September **

Parish Priest: Fr. David Subu | Parish Council President: David Dill

7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 1. Troparion of the Resurrection

WHEN the stone had been sealed by the Jews, * while the soldiers were guarding Thy most pure body, * Thou didst rise on the third day, O Savior, * granting life to the world. * The powers of heaven therefore cried to Thee, O Giver of Life: * “Glory to Thy Resurrection, O Christ! * Glory to Thy Kingdom! // Glory to Thy dispensation, O Thou Who lovest mankind!”

Tone 7. Troparion of the Feast

YOU were transfigured upon the mount, O Christ God, revealing Your glory to Your disciples as much as they were able to bear. Let Your everlasting Light shine on us sinners, through the intercessions of the Birthgiver of God. O Giver of Light, glory to You!

Tone 7. Troparion of St. Herman

JOYFUL North Star of the Church of Christ, * guiding all men to the heavenly Kingdom; * teacher and apostle of the True Faith; * intercessor and defender of the oppressed; * adorn-ment of the Orthodox Church in America: * blessed Father Herman of Alaska, * pray to our Lord Jesus Christ // for the salvation of our souls!

Tone 1. Kontakion of the Resurrection

AS God, Thou didst rise from the tomb in glory, * raising the world with Thyself. * Human nature praises Thee as God, for death has vanished. * Adam exults, O Master! * Eve rejoices, for she is freed from bondage and cries

to Thee: // “Thou art the Giver of Resurrection to all, O Christ!”

Glory. Tone 3. Kontakion of St. Herman

THE eternal light of Christ our Savior * guided you, blessed Father Herman, * on your evangelical journey to Amer-ica * to proclaim the Gospel of peace. * Now as you stand before the throne of glory, * intercede for your land and its people: // peace for the world and salvation for our souls!

Both now. Tone 7. Kontakion of Transfiguration

YOU were transfigured upon the mount, O Christ our God, * revealing Your glory to Your Disciples as much as they were able to bear. * So that when they saw You crucified * they would know it voluntary * and would proclaim to the ends of the earth // that You are the Light of the Father.

PROKEIMENON

In the first tone: Let Thy mercy, O Lord, be upon us / as we have set our hope on thee.

✠ *Rejoice in the Lord, O ye righteous!
Praise befits the just!*

In the seventh tone: Precious in the sight of the Lord / is the death of His saints.

EPISTLE

The Reading is from First Epistle of St. Paul to the Corinthians (4:9-16)

Brethren, I think that God has displayed us, the apostles, last, as men condemned to death; for we have been

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

made a spectacle to the world, both to angels and to men. We are fools for Christ's sake, but you are wise in Christ! We are weak, but you are strong! You are distinguished, but we are dishonored! To the present hour we both hunger and thirst, and we are poorly clothed, and beaten, and homeless. And we labor, working with our own hands. Being reviled, we bless; being persecuted, we endure; being defamed, we entreat. We have been made as the filth of the world, the offscouring of all things until now. I do not write these things to shame you, but as my beloved children I warn you. For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel. Therefore I urge you, imitate me.

The Reading is from the Epistle of St. Paul to the Galatians (5:33-6:2)

Brethren, the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another. Brethren, if a man is overtaken in any trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.

Alleluia, Tone 1:

- ✠ *God gives vengeance to me, and subdues people under me!*
- ✠ *He magnifies the salvation of the King and deals mercifully with David, His anointed, and his seed forever.*

Alleluia, Tone 6:

- ✠ *Blessed is the man who fears the Lord, who greatly delights in His commandments.*

GOSPEL

The Reading is from the Holy Gospel According to St. Matthew (17:14-23)

At that time, a man came to Jesus, kneeling down to Him and saying, "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So I brought him to Your disciples, but they could not cure him." Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me." And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting." Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men, and they will kill Him, and the third day He will be raised up." And they were exceedingly sorrowful.

The Reading is from the Holy Gospel According to St. Luke (6:17-23)

At that time, Jesus came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well

as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, for yours is the kingdom of God. Blessed are you who hunger now, for you shall be filled. Blessed are you who weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you, and revile you, and cast out your name as evil, for the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven, for in like manner their fathers did to the prophets.

INSTEAD OF "IT IS TRULY MEET"

Tone 4. Magnify, O my soul, the Lord

Who was transfigured on Mount Tabor! * Your childbearing was without corruption; * God came forth from your body clothed in flesh, * and appeared on earth and dwelt among men. // * Therefore we all magnify you, O Theotokos.

COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens! Praise Him in the highest!*
- ✠ *The righteous will be remembered forever; he is not afraid of evil tidings.*
- ✠ *Alleluia, Alleluia, Alleluia!*



YOU'RE INVITED: 2026 MINISTRY FAIR



**Aug.
30th**



**During
Fellowship
Hour**

- Discover the many ministries of St. Mary (or promote your ministry!) & get connected
- Meet ministry leaders and find new ways to get involved
- Especially helpful for new parishioners




Something for all ages!



New Ministry Booklet

Easily find Realm Groups & POCs



Ministry Passport

Collect stamps & enter for a raffle



Swag

Treats & Giveaways



More info:

<https://www.stmaryortodox.org/ministries>

Visit and put your time, talents & resources to use!



Fellowship Hour Groups & Leaders

Week 1: A-Di —

Jon C. & Matt C.

Week 2: Do-Ke — Allison J. & Vacancy

Week 3: Kh-P — Melanie K. & Vacancy

Week 4: Q-Z — Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

AUGUST

Ministry Fair | August 30

SEPTEMBER

Akathist: Inexhaustible Cup | Sept. 3

Episcopate Congress (Office Closed) | Sept. 9-12

Annual All-Parish Picnic | Sept. 13
'26-'27 Adult Catechism Begins | Sept. 19

Church School Begins | Sept. 20

OCTOBER

Akathist: Inexhaustible Cup | Oct. 1

Dinner Dance | October 3 @ 6pm

Divine Liturgy of St. James | Oct. 23 @ 10am

NOVEMBER

Doxacon | November 6-7 @ Catholic University

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings

*Registration Open * End-of-Summer Youth Cookout & Gathering

Rising 7th-12th graders are invited to an end-of-summer cookout and game afternoon on Sunday, August 16 at 2:00 PM at the Dill residence. We'll enjoy a potluck meal, outdoor games, and time together before the new school year begins. Church school teachers are also warmly invited to join us—please register so we can prepare accordingly!



Adult Catechism Fall 2026: Doctrine & Spirituality

This fall, St. Mary's will offer an Adult Catechism course covering the Nicene Creed and the foundations of Orthodox Christian doctrine and spirituality. Our first class begins September 19 at 3:00 PM. Please register in advance; once registered, you will receive the class link and syllabus by email. Together with the Winter session, this course will help prepare St. Mary's catechumens for reception into the Orthodox Church and deepen participants' understanding of the faith expressed in the Nicene Creed.



August Is the Final Month for Doxacon Early-Bird Registration



Doxacon, one of St. Mary's flagship ministries, returns November 6–7 at The Catholic University of America with the theme "Becoming Saints in a Brave New World." This year's keynote speakers are Christopher Ruocchio, author of The Sun Eater series, and Fr. Anthony Cook of the Amon Sûl podcast. Join fellow Christians for talks, panels, games, workshops, and thoughtful conversation exploring the intersection of faith, science fiction, fantasy, and fandom. Early-bird registration ends

this month, so scan to sign-up today—and please help spread the word!



Saddle Up for St. Mary's Ranch Glam Dinner Dance!



Join us Saturday, October 3 at 6:00 PM at St. Luke Serbian Orthodox Church for dinner, live music, dancing, auctions, raffles, and Ranch Glam fun. This year's Dinner Dance is especially important as we continue building momentum toward purchasing a local property for St. Mary's. Every ticket, bid, and donation supports our Capital Fund and brings us closer to a permanent home. Tickets are \$75 through Realm or during Fellowship Hour. Sales close September 26!



Parish News & Announcements



2026 Annual
**ALL-PARISH
PICNIC**

Celebrate the start of a new liturgical and school year with an afternoon of food, fellowship, and family fun as we reconnect after the busy summer season.

DATE	LOCATION	TIME
September 13, 2026	St. Mary Orthodox Church - Fellowship Hall & Outdoor Areas	After Divine Liturgy

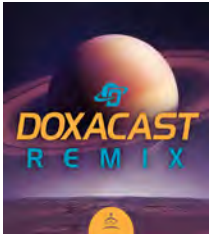
EVENT HIGHLIGHTS:

- Parish Cookout • Lawn Games • Children's Treats • Temporary Tattoos • Face Painting • Music & Fellowship • Family-Friendly Activities • Rain-or-Shine Fun

SIGN-UP:



Join us for the **Doxacast Remix!**



The Doxacast Remix visits the work of Edgar Allan Poe in its latest episode: Memento Mori and the Masque of the Red Death. Fr. David Subu joins host Cindy Collins Smith to read through and discuss the Poe classic, complete with side trips into Roger Corman and Bill and Ted. For recaps and links to the most recent episodes, visit doxacon.org/#podcast



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org
Newsletter deadline | Monday, Aug. 24th (for September Issue)
Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Natnael A., Abby E., Thomas J., Dn. Ken L., Richard S., Juliana S., Joseph W.

Namedays Dormition of the Theotokos

Anniversaries Jonathan & Lori J.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!