



St. Mary Orthodox Church

WEEKLY BULLETIN | AUGUST 2, 2026

9th Sunday after Pentecost

*Translation of the Relics of the Protomartyr and Archdeacon Stephen
from Jerusalem to Constantinople*

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

*Fellowship Hour Sponsored by Group
A-Di*

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am–8am online

MONDAY, AUGUST 3

Paraclesis | 7:00–7:40pm

WEDNESDAY, AUGUST 5

Festal Vespers | 7–8pm

THURSDAY, AUGUST 6

Feast of the Transfiguration

Festal Liturgy with Blessing of Fruit |
10–11:30am

Akathist: Inexhaustible Cup |
7–7:30pm

SATURDAY, AUGUST 8

Baptism: Bacur | 11am–1pm

Vigil (Vespers & Matins) | 5–7:30pm

SUNDAY, AUGUST 9

Matins & Divine Liturgy | 9–11:30am



Fellowship Hour Hosting Groups:

Week 1: A-Di

Week 2: Do-Ke ← Next Week's Host

Week 3: Kh-P

Week 4: Q-Z

Week 5: Entire Parish

** Note: Updated Group Assignments Starting in
September **

Parish Priest: Fr. David Subu | Parish Council President: David Dill

7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 8. Troparion of the Resurrection

THOU didst descend from on high,
O Merciful One! * Thou didst accept
the three day burial * to free us from
our sufferings! // O Lord, our Life and
Resurrection, glory to Thee!

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast
with joy * illumined by your coming,
O Mother of God. * Beholding your
pure image, we fervently cry to you:
* Encompass us beneath the precious
veil of your protection. * Deliver us
from every form of evil, * by entreating
Christ, your Son and our God, // that
He may save our souls!

Tone 4. Troparion of St. Stephen

YOUR relics have risen from the
depths of the earth, * like a treasury
for the immortal life of all creation. *
The Church, rejoicing in the grace that
she receives from them, * dutifully
honors you, O Protomartyr Stephen.
// Preserve us from error and heresy *
by your intercession!

Tone 8. Kontakion of the Resurrection

BY rising from the tomb, Thou didst
raise the dead and resurrect Adam. *
Eve exults in Thy Resurrection, // and
the world celebrates Thy rising from
the dead, O greatly Merciful One!

Glory. Tone 6. Kontakion of St. Stephen

YOU were the first to be sown on the
earth by the Heavenly Husbandman,
O all-praised one, * and were the first

to shed your blood on the earth for
Christ, O blessed one. * You were the
first to receive the crown of victory
from Him in heaven, // O Stephen,
first of the suffering God-crowned
martyrs.

Both now. *Tone 3. Kontakion of the Church*

THE Virgin is present today in the
Church * And with the fellowship of
saints she prays to God on our behalf.
* The angels and the bishops worship!
* The apostles and the prophets make
glad! // For the Theotokos makes sup-
plications for us to the everlasting
God!

PROKEIMENON

In the eighth tone: Pray and make
your vows/ before the Lord our God!

✠ *In Judah God is known; His name is
great in Israel.*

EPISTLE

**The Reading is from First Epistle of
St. Paul to the Corinthians (3:9-17)**

Brethren, we are God's fellow work-
ers; you are God's field, you are God's
building. According to the grace of
God which was given to me, as a wise
master builder I have laid the founda-
tion, and another builds on it. But let
each one take heed how he builds on
it. For no other foundation can anyone
lay than that which is laid, which is
Jesus Christ. Now if anyone builds on
this foundation with gold, silver, pre-
cious stones, wood, hay, straw, each
one's work will become clear; for the

— **The Trisagion in Other Languages (Transliterated)** —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

Day will declare it, because it will be revealed by fire; and the fire will test each one's work, of what sort it is. If anyone's work which he has built on it endures, he will receive a reward. If anyone's work is burned, he will suffer loss; but he himself will be saved, yet so as through fire. Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him. For the temple of God is holy, which temple you are.

Alleluia, Tone 8:

- ✠ *Come, let us rejoice in the Lord! Let us make a joyful noise to God our Savior!*
- ✠ *Let us come before His face with thanksgiving; let us make a joyful noise to Him with songs of praise!*

GOSPEL

The Reading is from the Holy Gospel According to St. Matthew (14:22-34)

At that time, Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary. Now in the fourth watch of the night Jesus went to them, walking on the sea. And when the disciples saw Him walking on the sea, they were troubled, saying, "It is a ghost!" And they cried out for fear. But immediately Jesus spoke to them, saying, "Be of good cheer! It is I; do not be afraid." And Peter answered Him and said, "Lord, if it is You, command me to come to You on the water." So He said, "Come." And when Peter had come down out of the boat, he walked on the water to go to Jesus. But when

he saw that the wind was boisterous, he was afraid; and beginning to sink he cried out, saying, "Lord, save me!" And immediately Jesus stretched out His hand and caught him, and said to him, "O you of little faith, why did you doubt?" And when they got into the boat, the wind ceased. Then those who were in the boat came and worshiped Him, saying, "Truly You are the Son of God." When they had crossed over, they came to the land of Gennesaret.

THE LORD'S PRAYER

(IN UKRAINIAN)

Otche nash, shcho yesy na nebesakh,
Отче наш, що еси на небесах,
Nekhai svyatytsya Im'ya Tvoye.
Нехай святитись Ім'я Твоє.

Khai pryide Tsarstvo Tvoye,
Хай прийде Царство Твоє,
nekhai bude volya Tvoja
нехай буде воля Твоя
Yak na nebi, tak i na zemli
Як на небі, так і на землі
Khlib nash nasushchnyi dai nam sohodni.
Хліб наш насущний дай нам сьогодні.

I prosty nam provyny nashi,
І прости нам провини наші,
yak i my proshchayemo vynuvaltsyam nashym.
як і ми прощаємо винуватцям нашим.

I ne vvedy nas u spokusu,
І не введи нас у спокусу,
ale vyzvoly nas vid lukavoho.
але визволи нас від лукавого.

COMMUNION HYMNS

✠ *Praise the Lord from the heavens!
Praise Him in the highest!.*

✠ *Alleluia, Alleluia, Alleluia!*



Blessed Fast: Dormition of the Theotokos

The feast of the Dormition or Falling-asleep of the Theotokos is celebrated on the fifteenth of August, preceded by a two-week fast. This feast, which is also sometimes called the Assumption, commemorates the death, resurrection and glorification of Christ's mother. It proclaims that Mary has been "assumed" by God into the heavenly kingdom of Christ in the fullness of her spiritual and bodily existence.

As with the nativity of the Virgin and the feast of her entrance to the temple, there are no biblical or historical sources for this feast. The Tradition of the Church

is that Mary died as all people die, not "voluntarily" as her Son, but by the necessity of her mortal human nature which is indivisibly bound up with the corruption of this world.

The Orthodox Church teaches that Mary is without personal sins. In the Gospel of the feast, however, in the liturgical services and in the Dormition icon, the Church proclaims as well that Mary truly needed to be saved by Christ as all human persons are saved from the trials, sufferings and death of this world; and that having truly died, she was raised up by her Son as the Mother of Life and participates already in the eternal life of paradise which is prepared and promised to all who "hear the word of God and keep it" (Lk11.27–28).

-from oca.org





Fellowship Hour Groups & Leaders

Week 1: A-Di —

Jon C. & Matt C.

Week 2: Do-Ke — Allison J. & Vacancy

Week 3: Kh-P — Melanie K. & Tom P.

Week 4: Q-Z — Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

AUGUST

Dormition Fast | Aug. 1-14

Divine Liturgy with Blessing of Fruit (Feast of the Transfiguration) | August 6 @ 10-11:30am

Festal Liturgy with Blessing of Flowers & Herbs | August 15 @ 10-11:30am

Ministry Fair | August 30

SEPTEMBER

Akathist: Inexhaustible Cup | Sept. 3

Annual Parish Picnic | Sept. 13

OCTOBER

Dinner Dance | October 3 @ 6pm

NOVEMBER

Doxacon | November 6-7 @ Catholic University

Upcoming Events & Outings

End-of-Summer Youth Gathering

Rising 7th-12th graders are invited to an end-of-summer cookout and game afternoon on Sunday, August 16 at 2:00 PM at the Dill residence. We'll enjoy a pot-luck meal, outdoor games, and time together before the new school year begins. Church school teachers are also warmly invited to join us!

Monthly "Inexhaustible Cup" Akathist for Those Affected by Addiction

St. Mary's now offers a monthly Akathist to the Mother of God of the "Inexhaustible Cup" on the first Thursday of each month at 7:00 PM. All are welcome, especially those who struggle with addiction of any kind, or who have family or friends who struggle. The service will also be live-streamed for those who cannot attend in person.

Help Us Welcome and Celebrate Our New Mothers!

The ladies of St. Mary like to host a baby shower for all of our new mothers in our parish. Since we have so many new people, this is also a great way to get to know each other. Invites went out last week for our latest shower. If you did not receive one, please email or reach out to Juliana C. to be added to the baby shower invitation list. Email available in print version - or you can find her in the St Cosmas Church Store after liturgy on Sunday.

August Is the Final Month for Doxacon Early-Bird Registration

Doxacon, one of St. Mary's flagship ministries, returns November 6–7 at The Catholic University of America with the theme "Becoming Saints in a Brave New World." This year's keynote speakers are Christopher Ruocchio, author of The Sun Eater series, and Fr. Anthony Cook of the Amon Sûl podcast. Join fellow Christians for talks, panels, games, workshops, and thoughtful conversation exploring the intersection of faith, science fiction, fantasy, and fandom. Early-bird registration ends this month, so scan to sign-up today—and please help spread the word!



Saddle Up for St. Mary's Ranch Glam Dinner Dance!



Join us Saturday, October 3 at 6:00 PM at St. Luke Serbian Orthodox Church for dinner, live music, dancing, auctions, raffles, and Ranch Glam fun. This year's Dinner Dance is especially important as we continue building momentum toward purchasing a local property for St. Mary's. Every ticket, bid, and donation supports our Capital Fund and brings us closer to a permanent home. Tickets are \$75 through Realm or during Fellowship Hour. Sales close September 26!



Parish News & Announcements

New Treasures Have Arrived at the St. Cosmas Church Store!

St. Cosmas Church Store has just received a shipment of icons from Greece, along with some books. We also added a shipment of books from St. Vladimir's Seminary Press this week. We have prayer ropes from Mt. Athos, as well as olive oil from an Orthodox Monastery in Corfu. Come downstairs after liturgy to see the new arrivals!

Final Call: Help Us Support Mason Crest Students Today!

We are still in need of donations for our annual school-supply collection benefiting Mason Crest Elementary School. Please scan the QR code to donate today and select "School Supplies" from the drop-down menu. Your gift will help us purchase supplies in bulk so local students can begin the school year prepared. Thank you for your support!



Help Us Serve You: On Behalf of All Survey

The OBOA Ministry invites parishioners and families to complete a short anonymous accessibility survey to help us better understand what may make participation in worship. You do not need to consider yourself disabled or have a formal diagnosis to participate. The survey should only take a few minutes to complete: https://docs.google.com/forms/d/e/1FAIpQLScuYq6ULrEFqzSYvuzdPV7ZL_PbkP2YS_c6sid-faZ7MRoZEjA/viewform?usp=publish-editor Thank you for helping us identify where future accessibility efforts may be most helpful.



Join us for the Doxacast Remix!



The Doxacast Remix visits the work of Edgar Allan Poe in its latest episode: Memento Mori and the Masque of the Red Death. Fr. David Subu joins host Cindy Collins Smith to read through and discuss the Poe classic, complete with side trips into Roger Corman and Bill and Ted. For recaps and links to the most recent episodes, visit doxacon.org/#podcast



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Aug. 24th (for September Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Maria A., Maria B., Nicholas K., David M., Doug M., Gabriel S., Sophia S.

Namedays None.

Anniversaries Brian & Inna S.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!