



St. Mary Orthodox Church

WEEKLY BULLETIN | JULY 26, 2026

8th Sunday after Pentecost

Repose of St. Yakov Netsvetov, Enlightener of the Peoples of Alaska

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

School Supply Drive

Fellowship Hour Sponsored by Group

Q-Z

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Wed @ 7:30am-8:00am online (*Not Thurs/Fri*)

FRIDAY, JULY 31

Holy Unction | 7-8:30pm

SATURDAY, AUGUST 1

Divine Liturgy with Cross Procession |

9-10:30am

Great Vespers | 5-6pm

SUNDAY, AUGUST 2

Matins & Divine Liturgy | 9-11:30am

Vacation Church School — Mon–Fri @ 8:30am-12:30pm



Fellowship Hour Hosting Groups:

Week 1: A-Di

Week 2: Do-Ke

Week 3: Kh-P

Week 4: Q-Z ← **Next Week's Host**

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 7. Troparion of the Resurrection

BY Thy Cross Thou didst destroy death. * To the thief Thou didst open Paradise. * For the Myrrhbearers Thou didst change weeping into joy, * and Thou didst command Thy disciples, O Christ God, * to proclaim that Thou art risen, // granting the world great mercy.

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy * illumined by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 4. Troparion of St. Jacob

O RIGHTEOUS Father Jacob, * adornment of Atka and the Yukon Delta; * you offered yourself as a living sacrifice * to bring light to a searching people. * Offspring of Russian America, * flower of brotherly unity, * healer of sickness and terror of demons: * O Holy Father Jacob, // pray to Christ God that our souls may be saved!

Tone 7. Kontakion of the Resurrection

THE dominion of death can no longer hold men captive, * for Christ descended, shattering and destroying its powers. * Hell is bound, while the Prophets rejoice and cry: * "The Savior

has come to those in faith; // enter, you faithful, into the Resurrection!"

Glory. Tone 3. Kontakion of St. Jacob

O HOLY Father Jacob, * teacher of the knowledge of God, * you revealed your love for your people, * taking up your cross and following Christ, * enduring hardships like the Apostle Paul. * Pray on our behalf to Christ our God // to grant us great mercy!

Both now. Tone 3. Kontakion of the Church

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the seventh tone: The Lord shall give strength to his people! / The Lord shall bless His people with peace!

✠ Offer to the Lord, O ye sons of God!
Offer young rams to the Lord!

In the seventh tone: The righteous one shall rejoice in the Lord / and shall set his hope on Him.

EPISTLE

The Reading is from First Epistle of St. Paul to the Corinthians (1:10-18)

Brethren, I plead with you by the name of our Lord Jesus Christ, that you all speak the same thing, and that there be no divisions among you, but that you be perfectly joined together in the

— The Trisagion in Other Languages (Transliterated) —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas
Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

same mind and in the same judgment. For it has been declared to me concerning you, my brethren, by those of Chloe's household, that there are contentions among you. Now I say this, that each of you says, "I am of Paul," or "I am of Apollos," or "I am of Cephas," or "I am of Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispus and Gaius, lest anyone should say that I had baptized in my own name. Yes, I also baptized the household of Stephanas. Besides, I do not know whether I baptized any other. For Christ did not send me to baptize, but to preach the gospel, not with wisdom of words, lest the cross of Christ should be made of no effect. For the message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

The Reading is from Epistle of St. Paul to the Philippians (3:7-14)

Brethren, what things were gain to me, these I have counted loss for Christ. Yet indeed I also count all things loss for the excellence of the knowledge of Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them as rubbish, that I may gain Christ, and be found in Him, not having my own righteousness, which is from the law, but that which is through faith in Christ, the righteousness which is from God by faith; that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death, if, by any means, I may attain to the resurrection from the dead. Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me.

Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus.

Alleluia, Tone 7:

- ✠ *It is good to give thanks to the Lord, to sing praises to Thy name, O Most High!*
- ✠ *To declare Thy mercy in the morning and Thy truth by night.*

Alleluia, Tone 6:

- ✠ *Blessed is the man who fears the Lord, who greatly delights in His commandments.*

GOSPEL

The Reading is from the Holy Gospel According to St. Matthew (14:14-22)

At that time, when Jesus went out He saw a great multitude; and He was moved with compassion for them, and healed their sick. When it was evening, His disciples came to Him, saying, "This is a deserted place, and the hour is already late. Send the multitudes away, that they may go into the villages and buy themselves food." But Jesus said to them, "They do not need to go away. You give them something to eat." And they said to Him, "We have here only five loaves and two fish." He said, "Bring them here to Me." Then He commanded the multitudes to sit down on the grass. And He took the five loaves and the two fish, and looking up to heaven, He blessed and broke and gave the loaves to the disciples; and the disciples gave to the multitudes. So they all ate and were filled, and they took up twelve baskets full of the fragments that remained. Now those who had eaten were about five thousand men, besides women and children.

Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away.

The Reading is from the Holy Gospel According to St. Mark (10:29-31, 42-45)

Jesus said to his disciples, "Assuredly, I say to you, there is no one who has left house or brothers or sisters or father or mother or wife or children or lands, for My sake and the gospel's, who shall not receive a hundredfold now in this time – houses and brothers and sisters and mothers and children and lands, with persecutions – and in the age to come, eternal life. But many who are first will be last, and the last first." But Jesus called them to Himself and said to them, "You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. And whoever of you desires to be first shall be slave of all. For even the Son of Man did not come to be served, but to serve, and to give His life a ransom for many."

THE LORD'S PRAYER (IN FRENCH)

*Notre Père qui es aux cieux
Que Ton Nom soit sanctifié,
Que Ton Règne arrive,
Que Ta Volonté soit faite
sur la terre comme au ciel.
Donne-nous aujourd'hui
Notre pain substantiel
Et remets-nous nos dettes
comme nous remettons à nos débiteurs,
Et ne nous soumetts pas à l'épreuve,
Mais délivre-nous du Malin.*

Car c'est à Toi qu'appartiennent le règne, la puissance et la gloire, du Père, du Fils et du Saint-Esprit, pour les siècles des siècles.

COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens!
Praise Him in the highest! .*
- ✠ *The righteous will be remembered forever; he is not afraid of evil tidings.*
- ✠ *Alleluia, Alleluia, Alleluia!*





Fellowship Hour Groups & Leaders

Week 1: A-Di —
Jon C. & Matt C.

Week 2: Do-Ke — Allison J. & Vacancy

Week 3: Kh-P — Melanie K. & Tom P.

Week 4: Q-Z — Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

AUGUST

Divine Liturgy with Cross Procession | August 1 @ 9am

Dormition Fast | Aug. 1-14

Divine Liturgy with Blessing of Fruit (Feast of the Transfiguration) | August 6 @ 10-11:30am

Festal Liturgy with Blessing of Flowers & Herbs | August 15 @ 10-11:30am

Ministry Fair | August 30th

SEPTEMBER

Annual Parish Picnic | Sept. 13th

OCTOBER

Dinner Dance | October 3 @ 6pm

NOVEMBER

Doxacon | November 6-7 @ Catholic University

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings

Donate to the Annual School Supply Drive for Mason Crest Elementary School Today!

St. Mary's is once again collecting school supplies for Mason Crest Elementary School, where many families rely on community support to help students start the school year prepared. Join us for our annual fundraising luncheon during fellowship hour today to support this ministry. Parishioners may donate funds so



supplies can be purchased in bulk, or request the school's supply list from Ellen R. and purchase items directly. Buying supplies together helps ensure every child receives the same materials while allowing us to take advantage of back-to-school sales. Thank you for helping us support the students and teachers of Mason Crest Elementary! Scan the code to donate - and select "school supplies" from the drop down menu!

A festive poster for the St. Mary's 2026 Annual Dinner Dance. The background is dark blue with several large, reflective disco balls. The text is white and yellow. At the top, it says "ST. MARY'S 2026 ANNUAL". Below that, in large, bold, white letters, is "DINNER DANCE". To the left, there's a graphic of a cowboy hat and boots, with text that reads "THROW ON YOUR BEST RANCH GLAM FIT— DENIM, DIAMONDS, SEQUINS, VELVET & YOUR FAVORITE COWBOY BOOTS!". To the right, it says "SATURDAY, OCT 3" and "ST. LUKE'S IN MCLEAN". Below that is a list of activities: "6:00-10:00PM", "COCKTAIL HOUR", "CANDLELIT DINNER", "SILENT AUCTION", and "DESSERT AUCTION". At the bottom right, there's a small QR code and the text "SCAN TO REGISTER:". The entire poster is framed by a dashed white line.

ST. MARY'S 2026 ANNUAL

DINNER DANCE

THROW ON YOUR BEST RANCH GLAM FIT—
DENIM, DIAMONDS, SEQUINS, VELVET & YOUR FAVORITE COWBOY BOOTS!

SATURDAY, OCT 3
ST. LUKE'S IN MCLEAN

6:00-10:00PM
-COCKTAIL HOUR
-CANDLELIT DINNER
-SILENT AUCTION
-DESSERT AUCTION

SCAN TO REGISTER:

Parish News & Announcements

Help Needed After Fellowship Hour Today

We are looking for a few volunteers to help prepare cement paver for a Vacation Church School craft this week – it shouldn't take long with a few helpers! Please meet near the firepit at 12:30pm if able to help!

Help Us Serve You: On Behalf of All Survey

The OBOA Ministry invites parishioners and families to complete a short anonymous accessibility survey to help us better understand what may make participation in worship, church school, fellowship, parish events, or other aspects of parish life more difficult. You do not need to consider yourself disabled or have a formal diagnosis to participate. We welcome feedback about physical, sensory, social, medical, developmental, or other challenges that affect parish participation. The survey should only take a few minutes to complete: https://docs.google.com/forms/d/e/1FAIpQLScuYq6ULrEFqzSYvuzdPV7ZL_PbkP2YS_c6sidfaZ7MRoZE-jA/viewform?usp=publish-editor Thank you for helping us identify where future accessibility efforts may be most helpful.



Join us for the Doxacast Remix!

The Doxacast Remix continues its Twin Peaks Watch: "The Owls Are Not What They Seem" - Twin Peaks Watch, Part 2. In this episode, our first-time watchers - Christina Zrake, Maggie Johnson, and Jos Johnson - confront the truth about the Laura Palmer murder mystery. Check out the podcast at [https://www.ancientfaith.com/podcasts/doxacast_remix/at https://www.ancientfaith.com/podcasts/doxacast_remix/](https://www.ancientfaith.com/podcasts/doxacast_remix/at_https://www.ancientfaith.com/podcasts/doxacast_remix/)



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, July 20 (for July/Aug. Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Mihaela B., Nathan L.

Namedays St. Irene of Chrysovalantou, St. Panteleimon

Anniversaries Ion & Narcisa Despoiu

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!



Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!

Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!