



# St. Mary Orthodox Church

WEEKLY BULLETIN | JULY 5, 2026

**5th Sunday after Pentecost**

*Uncovering of the Relics of Ven. Sergius of Radonezh*

## Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

*Following the service:*

*Fellowship Hour Sponsored by Group  
A-Di*

## This Week At St. Mary's

**Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online**

### **THURSDAY, JULY 9**

Stewardship Committee Meeting  
- SWOT Next Steps | 7:30-8:30pm -  
Details on Realm

### **SATURDAY, JULY 11**

Great Vespers | 5-6pm

### **SUNDAY, JULY 12**

Matins & Divine Liturgy | 9-11:30am

**Office Closed - June 25th - July 6th**



### ***Fellowship Hour Hosting Groups:***

Week 1: A-Di

Week 2: Do-Ke ← Next Week's Host

Week 3: Kh-P

Week 4: Q-Z

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill  
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | [stmaryorthodox.org](http://stmaryorthodox.org)

## HYMNS OF THE DAY

*Tone 4. Troparion of the Resurrection*

WHEN the women disciples of the Lord \* learned from the angel the joyous message of Thy Resurrection, \* they cast away the ancestral curse \* and elatedly told the apostles: \* “Death is overthrown! \* Christ God is risen, // granting the world great mercy!”

*Tone 4. Troparion of the church*

TODAY the faithful celebrate the feast with joy \* illumined by your coming, O Mother of God. \* Beholding your pure image, we fervently cry to you: \* Encompass us beneath the precious veil of your protection. \* Deliver us from every form of evil, \* by entreating Christ, your Son and our God, // that He may save our souls!

*Tone 8. Troparion of Ven. Sergius*

FROM your youth you received Christ into your soul, O ven'erable one, \* and above all desired to leave behind the turmoil of the world. \* You courageously settled in the wilderness, where you raised children in obedience, the fruits of humility. \* Thus, as an abode of the Trinity, you enlightened all who approached in faith and granted healing to all. // O our Father Sergius, pray to Christ God that our souls may be saved!

*Tone 4. Kontakion of the Resurrection*

MY Savior and Redeemer \* as God rose from the tomb and delivered the earth-born from their chains. \* He has shattered the gates of hell, \* and as Master, // He has

risen on the third day!

**Glory.** *Tone 8. Kontakion of Ven. Sergius*

HAVING risen from the earth today and shining like the sun, \* your precious and incorrupt relics are as fragrant flowers, scented with miracles, \* granting healing to all the faithful, and making glad your flock which you wisely gathered and tended. \* Now as you stand before the throne of the Trinity, entreat God's help and grace for them and for all Orthodox Christians, // so that we may sing: “Rejoice, O divinely-wise Sergius!”

**Both now.** *Tone 3. Kontakion of the Church*

THE Virgin is present today in the Church \* And with the fellowship of saints she prays to God on our behalf. \* The angels and the bishops worship! \* The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

## PROKEIMENON

**In the fourth tone:** O Lord, how manifold are Thy works! / In wisdom hast Thou made them all!

✠ Bless the Lord, O my soul! O Lord my God, Thou art very great!

**In the seventh tone:** Precious in the sight of the Lord / is the death of His saints.

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluiește-ne pe noi

Church Slavonic: Svyati Bozhe, Svyati Kreпки, Svyati Bessmertni, pomiluy nas

Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna

Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas

Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

## EPISTLES

### *The Reading is from Epistle of St. Paul to the Romans (10:1-10)*

*Brethren*, my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. For Christ is the end of the law for righteousness to everyone who believes. For Moses writes about the righteousness which is of the law, "The man who does those things shall live by them." But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?' (that is, to bring Christ down from above) or, 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

### *The Reading is from Epistle of St. Paul to the Galatians (5:22-6:2)*

*Brethren*, the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another. *Brethren*, if a man is overtaken in any

trespass, you who are spiritual restore such a one in a spirit of gentleness, considering yourself lest you also be tempted. Bear one another's burdens, and so fulfill the law of Christ.

*Alleluia, Tone 4:*

✠ *Go forth, proper and reign, for the sake of meekness, righteousness, and truth!*

✠ *For Thou lovest righteousness and dost hate iniquity.*

*Alleluia, Tone 6:*

✠ *Blessed is the man who fears the Lord, who greatly delights in His commandments.*

## GOSPELS

### *The Reading is from the Holy Gospel According to St. Matthew (8:28-9:1)*

*At that time, when Jesus had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed men, coming out of the tombs, exceedingly fierce, so that no one could pass that way. And suddenly they cried out, saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?" Now a good way off from them there was a herd of many swine feeding. So the demons begged Him, saying, "If You cast us out, permit us to go away into the herd of swine." And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water. Then those who kept them fled; and they went away into the city and told everything, including what had happened to the demon-possessed men. And behold, the whole city came out to meet Jesus. And when they saw Him, they begged Him to depart from their region. So He got into a boat, crossed over, and came to His own city.*

**The Reading is from the Holy Gospel  
According to St. Luke (6:17-23)**

At that time, Jesus came down with them and stood on a level place with a crowd of His disciples and a great multitude of people from all Judea and Jerusalem, and from the seacoast of Tyre and Sidon, who came to hear Him and be healed of their diseases, as well as those who were tormented with unclean spirits. And they were healed. And the whole multitude sought to touch Him, for power went out from Him and healed them all. Then He lifted up His eyes toward His disciples, and said: "Blessed are you poor, for yours is the kingdom of God. Blessed are you who hunger now, for you shall be filled. Blessed are you who weep now, for you shall laugh. Blessed are you when men hate you, and when they exclude you, and revile you, and cast out your name as evil, for the Son of Man's sake. Rejoice in that day and leap for joy! For indeed your reward is great in heaven, for in like manner their fathers did to the prophets.

**THE LORD'S PRAYER (IN  
FRENCH)**

*Notre Père qui es aux cieux  
Que Ton Nom soit sanctifié,  
Que Ton Règne arrive,  
Que Ta Volonté soit faite  
sur la terre comme au ciel.  
Donne-nous aujourd'hui  
Notre pain substantiel  
Et remets-nous nos dettes  
comme nous remettons à nos débiteurs,  
Et ne nous soumetts pas à l'épreuve,  
Mais délivre-nous du Malin.*

*Car c'est à Toi qu'appartiennent le règne,  
la puissance et la gloire, du Père, du Fils et  
du Saint-Esprit, pour les siècles des siècles.*

**COMMUNION HYMNS**

- ✠ Praise the Lord from the heavens!  
Praise Him in the highest!
- ✠ The righteous will be remembered  
forever; he is not afraid of evil tidings.
- ✠ Alleluia, Alleluia, Alleluia!



**SS. PETER & PAUL INVITES  
SISTER PARISHES TO JOIN ITS  
VACATION BIBLE CAMP  
THE ARMOR OF GOD**

**MON, AUG 17 - FRI, AUG 21  
9:30 AM - 4:30 PM**

**AGE GROUP**  
MIDDLE SCHOOL  
HIGH SCHOOL

**ACTIVITIES**

- BIBLE STUDY
- ICONOGRAPHY
- HOLY BREAD BAKING
- AND MUCH MORE!

**FUN & FELLOWSHIP**  
LESSONS IN

- SCIENCE AND RELIGION
- MISSIONS AND OUTREACH
- AND MUCH MORE

**Registration Fees**

**\$50 Per Registrant  
\$25 For Each  
Additional Sibling**

**In order to run the Camp successfully,  
we need parents to volunteer for one or more  
shifts as indicated within the registration  
form, if at all possible.**

**FOR QUESTIONS PLEASE CONTACT MICHELLE  
MICHELLEGBOYLE@YAHOO.COM (703-937-7319)**



## Fellowship Hour Groups & Leaders

**Week 1:** A-Di —  
Jon C. & Matt C.

**Week 2:** Do-Ke — Allison J. & Vacancy

**Week 3:** Kh-P — Melanie K. & Tom P.

**Week 4:** Q-Z — Nathan & Charity W. & Dylan S.

**Week 5:** Entire Parish — Dsa. Irene L., Alyssa M.

## Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email [lacie@stmaryorthodox.org](mailto:lacie@stmaryorthodox.org)) and we'll get you set up!



# Save the Date

*Services, holidays, and other events*

## JUNE

**Office Closed** | June 25 - July 6

## JULY

**Car Blessing** | July 19 after Liturgy

**Vacation Church School** | July 27-31

**Divine Liturgy with Cross Procession** | Aug. 1 @ 9am

## AUGUST

**Divine Liturgy with Cross Procession** | August 1 @ 9am

**Dormition Fast** | Aug. 1-14

**Divine Liturgy with Blessing of Fruit (Feast of the Transfiguration)** | August 6 @ 10-11:30am

**Festal Liturgy with Blessing of Flowers & Herbs** | August 15 @ 10-11:30am

**Ministry Fair** | August 30

## OCTOBER

**Dinner Dance** | October 3 @ 6pm

## NOVEMBER

**Doxacon** | November 6-7 @ Catholic University

Visit [stmaryorthodox.org/calendar](https://stmaryorthodox.org/calendar) for complete and updated listings!



# Upcoming Events & Outings

## Up Next: Reel Women Movie Night!

Join us the evening of Tuesday, July 14th, for our next Reel Women gathering! Movie options are posted in the Realm—don't forget to log in and vote for your pick and RSVP!



## Join for the next Young Adults Ministry Game Night!



We will begin with Vespers on Saturday, July 11th at 5:00 PM, then gather afterward for food, fellowship, and games in the house behind the church. Food will be provided, so please RSVP to [yam@stmaryorthodox.org](mailto:yam@stmaryorthodox.org) to help us plan accordingly. When you RSVP, please let us know about any dietary restrictions and include any particular game you would like to see played. You are also welcome to bring games of your own!



**PEACE**



**AGES 4-12**

**2026 Vacation Church School**  
**BECOMING BLESSED:**  
**LIVING THE BEATITUDES**

July 27-31, 2026 @ 8:30am-12:30pm +  
Divine Liturgy with Cross Procession Aug. 1 @ 9:00am

**LEARN MORE & REGISTER YOUR CHILD HERE:**



**Grateful**



# Parish News & Announcements



**DOXAICON PRIME 2026**

**Becoming Saints  
in a Brave New World**

November 6-7, 2026  
@ Catholic University of America

Faith. Fandom. Imagination. Holiness.

Keynotes by  
Christopher Ruocchio  
and Fr. Anthony Cook

Featuring an exciting line-up of breakout sessions,  
panels, games,  
fan art, and fellowship.

**Early bird registration  
live now through August 31!**



## Join us for the Doxacast Remix!



The Doxacast Remix continues its Twin Peaks Watch: "The Owls Are Not What They Seem" - Twin Peaks Watch, Part 2. In this episode, our first-time watchers - Christina Zrake, Maggie Johnson, and Jos Johnson - confront the truth about the Laura Palmer murder mystery. Check out the podcast at [https://www.ancientfaith.com/podcasts/doxacast\\_remix/](https://www.ancientfaith.com/podcasts/doxacast_remix/)



## Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at [lacie@stmaryorthodox.org](mailto:lacie@stmaryorthodox.org)

Newsletter deadline | Monday, July 20 (for July/Aug. Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

# God Grant You Many Years!



**Birthdays** Juliana S., Pdn. Peter D., Nicole F., John G., Stacy G., Elias L., Kristina R., Andrew S.

**Namedays** St. Elizabeth the New Martyr, St. Andrew, St. Sophrony

**Anniversaries** Seth & Jehan C., Liviu D. & Phuong D.

*From the  
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email [frdavid@stmaryorthodox.org](mailto:frdavid@stmaryorthodox.org) to get on Fr. David's calendar!

## ***Giving to St. Mary's***

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

***Thank you for your generosity!***

## **Are you visiting? Welcome to St. Mary's!**

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

***Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!***