



# St. Mary Orthodox Church

WEEKLY BULLETIN | JUNE 28, 2026

## 4th Sunday after Pentecost

*Translation of the Relics of the Holy and Wonderworking Unmercenarys Cyrus & John*

### Today's Schedule

*Please welcome Fr. George who is serving us while Fr. David is away!*

9:30am — Hours

10:00am — Divine Liturgy

*Following the service:*

*Fellowship Hour Sponsored by Group*

*Q-Z*

*Men's Fellowship @ The Schwartz Home (check Realm for more information)*

## This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

**Office Closed - June 25th - July 6th**

In the case there are needs of urgent pastoral care, please contact Pdn. Peter or Dn. Ken.

### SUNDAY, JULY 5

Hours & Divine Liturgy | 9:30-11:30am



### **Fellowship Hour Hosting Groups:**

Week 1: A-Di ← Next Week's Host

Week 2: Do-Ke

Week 3: Kh-P

Week 4: Q-Z

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill  
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | [stmaryorthodox.org](http://stmaryorthodox.org)

## HYMNS OF THE DAY

### Tone 3. Troparion of the Resurrection

LET the heavens rejoice! \* Let the earth be glad! \* For the Lord has shown strength with His arm. \* He has trampled down death by death. \* He has become the first born of the dead. \* He has delivered us from the depths of hell, \* and has granted the world // great mercy.

### Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy \* illumined by your coming, O Mother of God. \* Beholding your pure image, we fervently cry to you: \* Encompass us beneath the precious veil of your protection. \* Deliver us from every form of evil, \* by entreating Christ, your Son and our God, // that He may save our souls!

### Tone 5. Troparion of Ss. Cyrus and John

O CHRIST God, \* You have given us the miracles of Your martyrs Cyrus and John, \* as an invincible rampart; \* through their prayers frustrate the plans of the heathens, \* and strengthen the faith of the Orthodox Christians, // for You alone are good and love mankind.

### Tone 3. Kontakion of the Resurrection

ON this day Thou didst rise from the tomb, O Merciful One, \* leading us from the gates of death. \* On this day Adam exults as Eve rejoices; \* with the Prophets and Patriarchs // they unceasingly praise the divine majesty

of Thy power.

### Glory. Tone 3. Kontakion of Ss. Cyrus and John

HAVING received the gift of miracles through divine grace, O saints, \* you work wonders in the world unceasingly. \* You remove all of our passions through your invisible surgery, \* divinely-wise Cyrus and glorious John, // for you are truly divine physicians.

### Both now. Tone 3. Kontakion of the Church

THE Virgin is present today in the Church \* And with the fellowship of saints she prays to God on our behalf. \* The angels and the bishops worship! \* The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

## PROKEIMENON

**In the third tone:** Sing praises to our God, sing praises! / Sing praises to our King, sing praises!

✠ Clap your hands, all ye people, shout to God with loud songs of joy!

## EPISTLE

### The Reading is from Epistle of St. Paul to the Romans (6:18-23)

Brethren, having been set free from sin, you became slaves of righteousness. I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness

### — The Trisagion in Other Languages (Transliterated) —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi

Church Slavonic: Svyati Bozhe, Svyati Kreпки, Svyati Bessmertni, pomiluy nas

Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna

Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas

Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

leading to more lawlessness, so now present your members as slaves of righteousness for holiness. For when you were slaves of sin, you were free in regard to righteousness. What fruit did you have then in the things of which you are now ashamed? For the end of those things is death. But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

*Alleluia, Tone 3:*

- ✠ *In Thee, O Lord, have I placed my hope; let me not be put to shame.*
- ✠ *Be Thou a God of protection for me, a house of refuge in order to save me.*

### GOSPEL

*The Reading is from the Holy Gospel According to St. Matthew (8:5-13)*

At that time, when Jesus had entered Capernaum, a centurion came to Him, pleading with Him, saying, "Lord, my servant is lying at home paralyzed, dreadfully tormented." And Jesus said to him, "I will come and heal him." The centurion answered and said, "Lord, I am not worthy that You should come under my roof. But only speak a word, and my servant will be healed. For I also am a man under authority, having soldiers under me. And I say to this one, 'Go,' and he goes; and to another, 'Come,' and he comes; and to my servant, 'Do this,' and he does it." When Jesus heard it, He marveled, and said to those who followed, "Assuredly, I say to you, I have not found such great faith, not even in Israel! And I say to you that many will come from east and west, and sit down with Abraham, Isaac, and Jacob in the kingdom of heaven. But the sons of the kingdom will be cast

out into outer darkness. There will be weeping and gnashing of teeth." Then Jesus said to the centurion, "Go your way; and as you have believed, so let it be done for you." And his servant was healed that same hour.

### THE LORD'S PRAYER (IN SLAVONIC)

Отче нашъ,  
иже еси на небесехъ,  
да сватиться имя Твое,  
да приидеть царствіе  
Твое. Да бждеть воля  
Твоя яко на небеси и  
на земли.  
Хлѣбъ нашъ насъщнь  
даждь намъ дньсь,  
и остави намъ  
длъгы наша,  
якоже и мы  
оставляемъ  
длъжникомъ нашимъ.  
И не въведи насъ  
въ искушеніе,  
нъ избави насъ  
отъ лжкавого.  
Аминь.

Otche nash,  
izhe yesi na nebesekh,  
da svyatitsya imya Tvoeye,  
da priidet tzarstviye Tvoeye.  
Da budet volya Tvoaya  
yako na nebesi  
i na zemli.  
Khleb nash nasushchni  
dazhd nam dnes,  
i ostavi nam dolgi nasha  
yakozhe i mi ostavlayem dolzhnikom  
nashim.  
I ne vedi nas vo iskusheniye,  
no izbavi nas ot lukavago. Amin.

**COMMUNION HYMNS**

- ✠ *Praise the Lord from the heavens!  
Praise Him in the highest!*
- ✠ *Alleluia, Alleluia, Alleluia!*





## Fellowship Hour Groups & Leaders

**Week 1:** A-Di — Jon C. & Matt C.

**Week 2:** Do-Ke — Allison J. & Vacancy

**Week 3:** Kh-P — Melanie K. & Tom P.

**Week 4:** Q-Z — Nathan & Charity W. & Dylan S.

**Week 5:** Entire Parish — Dsa. Irene L., Alyssa M.

## Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email [lacie@stmaryorthodox.org](mailto:lacie@stmaryorthodox.org)) and we'll get you set up!



# Save the Date

*Services, holidays, and other events*

## JUNE

**Office Closed** | June 25 - July 6

## JULY

**Car Blessing** | July 19 after Liturgy

**Vacation Church School** | July 27-31

**Divine Liturgy with Cross Procession** | Aug. 1 @ 9am

## AUGUST

**Divine Liturgy with Cross Procession** | August 1 @ 9am

**Dormition Fast** | Aug. 1-14

**Divine Liturgy with Blessing of Fruit (Feast of the Transfiguration)** | August 6 @ 10-11:30am

**Festal Liturgy with Blessing of Flowers & Herbs** | August 15 @ 10-11:30am

**Ministry Fair** | August 30

## OCTOBER

**Dinner Dance** | October 3 @ 6pm

## NOVEMBER

**Doxacon** | November 6-7 @ Catholic University

Visit [stmaryorthodox.org/calendar](http://stmaryorthodox.org/calendar) for complete and updated listings!

# Upcoming Events & Outings

## Men's Fellowship: Breaking the Fast Together

Men of St. Mary are invited to gather tonight, June 28th, from 6-8pm, at teh Schwartz Home. We'll close the Apostle's Fast together with fellowship, a shared fasting meal, and a discussion on fasting in the Orthodox life. Please bring a fast-appropriate dish to share if you can! Check more details on the Men's Fellowship group on Realm -- we hope to see you there!

**SAINT MARY**  
ORTHODOX CHURCH

**PEACE**

**mercy**

**AGES 4-12**

**2026 Vacation Church School**  
**BECOMING BLESSED:**  
**LIVING THE BEATITUDES**

July 27-31, 2026 @ 8:30am-12:30pm +  
Divine Liturgy with Cross Procession Aug. 1 @ 9:00am

LEARN MORE &  
REGISTER YOUR  
CHILD HERE:

**Grateful**

# Parish News & Announcements

## On Behalf of All Survey

The OBOA Ministry invites parishioners and families to complete a short anonymous accessibility survey to help us better understand what may make participation in worship, church school, fellowship, parish events, or other aspects of parish life more difficult.

You do not need to consider yourself disabled or have a formal diagnosis to participate. We welcome feedback about physical, sensory, social, medical, developmental, or other challenges that affect parish participation. The survey should only take a few minutes to complete:



[https://docs.google.com/forms/d/e/1FAIpQLScuYq6ULrEFqzSYvuzdPV7ZL\\_Pb-kP2YS\\_c6sidfaZ7MRoZEjA/viewform?usp=publish-editor](https://docs.google.com/forms/d/e/1FAIpQLScuYq6ULrEFqzSYvuzdPV7ZL_Pb-kP2YS_c6sidfaZ7MRoZEjA/viewform?usp=publish-editor)

Thank you for helping us identify where future accessibility efforts may be most helpful.

## Join us for the Doxacast Remix!

This week The Doxacast Remix launches a Twin Peaks Watch: "Secrets Built Around Secrets - Twin Peaks Watch, Part 1." Join the excitement and fun as our first-time watchers - Christina Zrake, Maggie Johnson, and Jos Johnson - meet Twin Peaks' quirks and mysteries for the very first time. Check out the podcast at [https://www.ancientfaith.com/podcasts/doxacast\\_remix/](https://www.ancientfaith.com/podcasts/doxacast_remix/) Check out the podcast at [https://www.ancientfaith.com/podcasts/doxacast\\_remix/](https://www.ancientfaith.com/podcasts/doxacast_remix/)



## Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at [lacie@stmaryorthodox.org](mailto:lacie@stmaryorthodox.org)  
 Newsletter deadline | \*Update\* Monday, July 20 (for July/Aug Issue)  
 Weekly bulletin deadline | by end-of-day Wednesday each week

# God Grant You Many Years!



**Birthdays** Calla E., Sean B., Stephanie B., Anna C.  
**Namedays** Ss. Peter & Paul  
**Anniversaries** Mihai & Cristina B.

*From the  
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email [frdavid@stmaryorthodox.org](mailto:frdavid@stmaryorthodox.org) to get on Fr. David's calendar!

## ***Giving to St. Mary's***

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

***Thank you for your generosity!***



## **Are you visiting? Welcome to St. Mary's!**

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

***Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!***