



St. Mary Orthodox Church

WEEKLY BULLETIN | JUNE 21, 2026

3rd Sunday after Pentecost

Sunday of Martyr Julian of Tarsus in Cilicia

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

Happy Father's Day!

Fellowship Hour Sponsored by Group

Kh-P

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

TUESDAY, JUNE 23

Great Vespers | 7-8pm

Reel Women | Check Realm for details

WEDNESDAY, JUNE 24

Divine Liturgy | 7-8am

SUNDAY, JUNE 28

Matins & Divine Liturgy | 9-11:30am

Office Closed - June 25th - July 6th



Fellowship Hour Hosting Groups:

Week 1: A-Di

Week 2: Do-Ke

Week 3: Kh-P

Week 4: Q-Z ← **Next Week's Host**

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmartyorthodox.org

HYMNS OF THE DAY

Tone 2. Troparion of the Resurrection

WHEN Thou didst descend to death, O Life immortal, * Thou didst slay hell with the splendor of Thy Godhead. * And when from the depths Thou didst raise the dead, * all the powers of heaven cried out: // “O Giver of life, Christ our God, glory to Thee!”

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy * illuminated by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 4. Troparion of St. Julian

YOUR holy martyr Julian, O Lord, * through his sufferings has received an incorruptible crown from You, our God. * For having Your strength, he laid low his adversaries, * and shattered the powerless boldness of demons. // Through his intercession, save our souls!

Tone 2. Kontakion of the Resurrection

HELL became afraid, O almighty Savior, * seeing the miracle of Thy Resurrection from the tomb! * The dead arose! Creation, with Adam, beheld this and rejoiced with Thee, // and the world, my Savior, praises Thee forever.

Glory. Tone 2. Kontakion of St. Julian

LET us all worthily praise Julian today, * the unconquerable pious warrior and seeker of truth; * To him let us cry out: // “Pray to Christ God for us all!”

Both Now. Tone 3. Kontakion of the Church

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the second tone: The Lord is my strength and my song, / He is become my salvation.

∇ *The Lord has chastened me sorely, but He has not given me over unto death.*

EPISTLE

The Reading is from Epistle of St. Paul to the Romans (5:1-10)

Brethren, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluieste-ne pe noi

Church Slavonic: Svyati Bozhe, Svyati Kreпки, Svyati Bessmertni, pomiluy nas

Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna

Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas

Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

love of God has been poured out in our hearts by the Holy Spirit who was given to us. For when we were still without strength, in due time Christ died for the ungodly. For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die. But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from wrath through Him. For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

Alleluia, Tone 2

✠ *May the Lord hear thee in the day of trouble! May the name of the God of Jacob protect thee!*

✠ *Save the King, O Lord, and hear us on the day we call!*

GOSPEL

The Reading is from the Holy Gospel According to St. Matthew (6:22-33)

The Lord said, "The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness! No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon. Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?

Which of you by worrying can add one cubit to his stature? So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you.

THE LORD'S PRAYER (IN SLAVONIC)

Отче нашъ,
иже еси на небесехъ,
да сватиться има Твое,
да приидеть царствие
Твое. Да бждеть воля
Твоя яко на небеси и
на земли.
Хлѣбъ нашъ насъщнь
даждь намъ дньсь,
и остави намъ
длъгы наша,
якоже и мы
оставляемъ
длъжникомъ нашимъ.
И не въведи насъ
въ искушеніе,
нъ избави насъ
от лжкавого.
Аминь.

(transliteration on next page)

Otche nash,
izhe yesi na nebesekh,
da svyatitsya imya Tvoye,
da priidet tzarstviye Tvoye.
Da budet volya Tvoya
yako na nebesi
i na zemli.
Khleb nash nasushchni
dazhd nam dnes,
i ostavi nam dolgi nasha
yako zhe i mi ostavlayem dolzchnikom
nashim.
I ne vedi nas vo iskusheniye,
no izbavi nas ot lukavago.
Amin.

COMMUNION HYMNS

- ✠ *Praise the Lord from the heavens!
Praise Him in the highest!*
- ✠ *Alleluia, Alleluia, Alleluia!*





Fellowship Hour Groups & Leaders

Week 1: A-Di — Jon C. & Matt C.

Week 2: Do-Ke — Allison J. & Vacancy

Week 3: Kh-P — Melanie K. & Tom P.

Week 4: Q-Z — Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

JUNE

Office Closed | June 25 - July 6

JULY

Car Blessing | July 19 after Liturgy

Vacation Church School | July 27-31

Divine Liturgy with Cross Procession | Aug. 1 @ 9am

AUGUST

Divine Liturgy with Cross Procession | August 1 @ 9am

Dormition Fast | Aug. 1-14

Divine Liturgy with Blessing of Fruit (Feast of the Transfiguration) | August 6 @ 10-11:30am

Festal Liturgy with Blessing of Flowers & Herbs | August 15 @ 10-11:30am

Ministry Fair | August 30

OCTOBER

Dinner Dance | October 3 @ 6pm

NOVEMBER

Doxacon | November 6-7 @ Catholic University

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings

Tuesday: Reel Women Movie Night!

Join us the evening of Tuesday June 23rd for our next Reel Women gathering! Movie options are posted in the Realm—don't forget to log in and vote for your pick and RSVP!



Men's Fellowship: Breaking the Fast Together

Men of St. Mary are invited to gather on Sunday, June 28th, from 6-8pm, at teh Schwartz Home. We'll close the Apostle's Fast together with fellowship, a shared fasting meal, and a discussion on fasting in the Orthodox life. Please bring a fast-appropriate dish to share if you can! Check more details on the Men's Fellowship group on Realm -- we hope to see you there!

Free Community Concert Featuring Luke Ratcliffe

Parishioner and concert pianist Luke Ratcliffe invites the St. Mary community to attend his upcoming performance as part of the Washington Metropolitan Philharmonic Association's Concert Series at the Lyceum in Alexandria today, Sunday, June 21 at 3:00 PM. The concert will be held at The Lyceum, 201 S. Washington Street, Alexandria, VA, and is free and open to the public. We hope many from our parish will be able to attend and support Luke. Learn more at: <https://www.wmpamusic.org/lyceum.html>



SAINT MARY
ORTHODOX CHURCH

PEACE

mercy

AGES 4-12

2026 Vacation Church School
BECOMING BLESSED:
LIVING THE BEATITUDES

July 27-31, 2026 @ 8:30am-12:30pm +
Divine Liturgy with Cross Procession Aug. 1 @ 9:00am

LEARN MORE &
REGISTER YOUR
CHILD HERE:



Grateful

Parish News & Announcements

Snuggly Saints, Summer Reads & More at St. Cosmas!



St Cosmas Church store has new stock of snuggly saints for kids - from St. Katherine, St. Olga of Alaska to St. Seraphim, there are so many great gifts for small children. We also just stocked a new collection of coffee mugs, an engraved wall clock with a St Herman of Alaska quote, and many good teen reads for summer! We have a small stock of honey from Mt. Athos as well as incense from Mt. Athos monasteries. Come visit us in the church basement today during coffee hour!

Lost Something? It May Be Waiting for You!

Our Lost & Found is overflowing with various forgotten treasures. If you think something might belong to you or a family member, please take a moment to check the Lost & Found, located at the bottom of the stairs leading from the Nave to the Fellowship Hall to reclaim your items. Any unclaimed items will be donated at the end of the month.

Join us for the Doxacast Remix!

This week The Doxacast Remix launches a Twin Peaks Watch: "Secrets Built Around Secrets - Twin Peaks Watch, Part 1." Join the excitement and fun as our first-time watchers - Christina Zrake, Maggie Johnson, and Jos Johnson - meet Twin Peaks' quirks and mysteries for the very first time. Check out the podcast at https://www.ancientfaith.com/podcasts/doxacast_remix/ Check out the podcast at https://www.ancientfaith.com/podcasts/doxacast_remix/



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, June 22 (for July Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Natalie A., Rachel J., Matthew K., Daniel M., Elena O.,
Paula R., Brian S., Marcus S., Nina T., Michael W.

Namedays St. Elizabeth, St. Joanna

Anniversaries Bobby & Nathalie A., Chris & Sarah V.

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!



Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!