



St. Mary Orthodox Church

WEEKLY BULLETIN | MAY 31, 2026

8th Sunday of Pascha

Holy Pentecost - Feast of the Holy Trinity

Today's Schedule

9:00am — Matins

10:00am — Catechumen Prayer, Divine Liturgy,
& Kneeling Vespers

Following the service:

5th Sunday All-Parish Potluck!

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

SATURDAY, JUNE 6

Baptism: Burk | 11am-1pm
Great Vespers | 5-6pm

SUNDAY, JUNE 7

Matins, Churaching & Divine Liturgy |
9am-11:30am
Church School Recognition Day & Ice
Cream Truck | 11:30am-1:30pm

Office Closed — June 1-4



Fellowship Hour Hosting Groups:

Week 1: A-Di ← Next Week's Host

Week 2: Do-Ke

Week 3: Kh-P

Week 4: Q-Z

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

FESTAL ANTIPHONS

The First Antiphon

The heavens are telling the glory of God; and the firmament proclaims His handiwork. (Ps. 18:1)

℞ Through the prayers of the Theotokos, O Savior, save us!

Day to day pours forth speech, and night to night declares knowledge. (Ps. 18:2) ℞

Their proclamation has gone out into all the earth, and their words to the ends of the universe. (Ps. 18:4) ℞

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen. ℞

The Second Antiphon

The Lord answer you in the day of trouble; the Name of the God of Jacob protect you! (Ps. 19:1)

℞ O Gracious Comforter, save us who sing to You: Alleluia!

May He send you help from the sanctuary and give you support from Zion! (Ps. 19:2) ℞

May He remember all your offerings, and fulfill all your plans! (Ps. 19:3) ℞

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

The Third Antiphon

In Your strength the king rejoices, O Lord, and exults greatly in Your salvation.

Tone 8. Troparion of the Feast

℞ BLESSED are You, O Christ our God, Who have revealed the fishermen to be most wise, by sending the Holy Spirit down on them. You drew the

world into Your net through them! O Lover of mankind, glory to You!

You have given him his heart's desire, and have not withheld the request of his lips. (Ps. 20:2) ℞

For You meet him with goodly blessings; You set a crown of fine gold upon his head. (Ps. 20:3) ℞

HYMNS OF THE DAY

Be Thou exalted, O Lord, in Thy strength! We will sing and praise Thy power!

Tone 8. Troparion of the Feast

BLESSED are You, O Christ our God, Who have revealed the fishermen to be most wise, by sending the Holy Spirit down on them. You drew the world into Your net through them! O Lover of mankind, glory to You!

Glory; both now. *Tone 8. Kontakion of the Feast*

WHEN the Most High came down and confused the tongues, He divided the nations; but when He distributed the tongues of fire, He called all to unity. // Therefore, with one voice we glorify the All-holy Spirit.

INSTEAD OF THE TRISAGION WE SING

As many as have been baptized into Christ, have put on Christ, Alleluia.

PROKEIMENON

In the eighth tone: Their proclamation has gone out into all the earth, / and their words to the ends of the universe.

℞ *The heavens are telling the glory of God, and the firmament proclaims His handiwork.*

EPISTLE***The Reading is from the Acts of the Holy Apostles (2:1-11)***

In those days, when the Day of Pentecost had fully come, they were all with one accord in one place. And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. Then there appeared to them divided tongues, as of fire, and one sat upon each of them. And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance. And there were dwelling in Jerusalem Jews, devout men, from every nation under heaven. And when this sound occurred, the multitude came together, and were confused, because everyone heard them speak in his own language. Then they were all amazed and marveled, saying to one another, "Look, are not all these who speak Galileans? And how is it that we hear, each in our own language in which we were born? Parthians and Medes and Elamites, those dwelling in Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya adjoining Cyrene, visitors from Rome, both Jews and proselytes, Cretans and Arabs – we hear them speaking in our own tongues the wonderful works of God."

Alleluia, Tone 1

- ✠ *By the Word of the Lord the heavens were made; and all their host by the Spirit of His mouth.*
- ✠ *The Lord looked down from heaven, and saw all the sons of men.*

GOSPEL***The Reading is from the Holy Gospel According to St. John (7:37-52; 8:12)***

On the last day, that great day of the

feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink. He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified. Therefore many from the crowd, when they heard this saying, said, "Truly this is the Prophet." Others said, "This is the Christ." But some said, "Will the Christ come out of Galilee? Has not the Scripture said that the Christ comes from the seed of David and from the town of Bethlehem, where David was?" So there was a division among the people because of Him. Now some of them wanted to take Him, but no one laid hands on Him. Then the officers came to the chief priests and Pharisees, who said to them, "Why have you not brought Him?" The officers answered, "No man ever spoke like this Man!" Then the Pharisees answered them, "Are you also deceived? Have any of the rulers or the Pharisees believed in Him? But this crowd that does not know the law is accursed." Nikodemos (he who came to Jesus by night, being one of them) said to them, "Does our law judge a man before it hears him and knows what he is doing?" They answered and said to him, "Are you also from Galilee? Search and look, for no prophet has arisen out of Galilee." Then Jesus spoke to them again, saying, "I am the light of the world. He who follows Me shall not walk in darkness, but have the light of life."

INSTEAD OF IT IS TRULY MEET

Rejoice, O Queen, glory of mothers and virgins! * No tongue, however sweet or fluent, is eloquent enough

to praise you worthily. * Every mind is overawed by your childbearing. * Therefore, with one voice, we glorify you.

[Porque Tuyo es el reino, y el poder, y la Gloria, del Padre, del Hijo, y del Espiritu Santo, ahora y siempre por los siglos de los siglos, amen.]

THE LORD'S PRAYER (IN SPANISH)

COMMUNION HYMNS

Padre nuestro, que estás en los cielos, santificado sea tu nombre.

✠ *Thy good spirit shall lead me in the land of uprightness!*

Venga tu reino.

✠ *Alleluia, Alleluia, Alleluia!*

Hágase tu voluntad, en la tierra como en el cielo.



El pan nuestro de cada día, dánoslo hoy.

Perdónanos nuestras deudas, como también nosotros perdonamos a nuestros deudores.

No nos metas en tentación, sino líbranos del mal.



PEACE



**2026 Vacation Church School
BECOMING BLESSED:
LIVING THE BEATITUDES**

July 27-31, 2026 @ 8:30am-12:30pm +
Divine Liturgy with Cross Procession Aug. 1 @ 9:00am



LEARN MORE &
REGISTER YOUR
CHILD HERE:



Grateful



Fellowship Hour Groups & Leaders

Week 1: A-Di — Jon C. & Matt C.

Week 2: Do-Ke — Allison J. & Vacancy

Week 3: Kh-P — Melanie K. & Tom P.

Week 4: Q-Z — Nathan & Charity W. & Dylan S.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



Save the Date

Services, holidays, and other events

JUNE

Divine Liturgy | June 9 @ 7am

Parish Council | June 15 @ 7pm

Divine Liturgy | June 24 @ 7am

Office Closed | June 25 - July 6

JULY

Vacation Church School | July 27-31

Divine Liturgy with Cross Procession | Aug. 1 @ 9am

AUGUST

Divine Liturgy with Cross Procession | August 1 @ 9am

Dormition Fast | Aug. 1-14

Divine Liturgy with Blessing of Fruit (Feast of the Transfiguration) | August 6 @ 10-11:30am

Festal Liturgy with Blessing of Flowers & Herbs | August 15 @ 10-11:30am

Ministry Fair | August 30

OCTOBER

Dinner Dance | October 3 @ 6pm

Visit stmaryorthodox.org/calendar for complete and updated listings!

Upcoming Events & Outings

NEXT WEEK: Grab an Ice Cream on Church School Recognition Sunday on June 7th

We'll gather in the nave for a short, joyful program celebrating our students and teachers, along with a brief look ahead to the coming year. To make the day festive, a Mister Softee ice cream truck will join us! All Church School students and teachers receive a complimentary treat, and others are welcome to purchase as well (11:30am–1:30pm). Rain or shine, come celebrate the close of the Church School year and the start of summer together!

Volunteers Needed for VCS 2026!

We are seeking adult and teen volunteers (ages 13+) to help with crafts, games, hospitality, outdoor activities, setup, and supporting our youth throughout the week. Teen volunteers may earn community service/leadership hours. Registration and volunteer sign-ups are now open through Realm (scan and select "Vacation Church School 2026 Leaders" to select your preferred volunteer role). You can also email laocie@stmaryorthodox.org to learn more.



Save-the-Date: DOXACON 2026

Doxacon will take place November 6-7 at Catholic University. Here are this year's Keynote Speakers:

- Clergy Keynote: Fr. Anthony Cook of Ancient Faith's long-running Tolkien podcast, *Amon Sûl*.
- Lay Keynote: Christopher Ruocchio, author of the award-winning *Sun Eater* series.

Early bird tickets go on sale July 1!

Young Adults Ministry (YAM) Game Night



We will be having our next game night on Saturday, June 13th at St. Mary's, following Great Vesperst, at the house behind the church for games. Food will be provided, so please RSVP to YAM@stmaryorthodox.org so we know how much will be needed, and let us know if you have dietary restrictions so we can try to accommodate. Feel free to bring any games of your own as well.

Parish News & Announcements

Accessibility and Assistance for Holy Communion

Parishioners requiring any special assistance or accommodations for receiving Holy Communion are always warmly invited to proceed to the chalice first to help eliminate any barriers to receiving the Eucharist. If you have any concerns or would like to discuss accommodations that may help facilitate receiving Communion, please contact Fr. David. We are committed to ensuring all faithful are able to participate fully in the sacramental life of the Church.

Do you have a high school or college graduate in your family this year?

We would love to recognize them during our Church School Recognition Celebration on June 7! Parents are invited to submit:



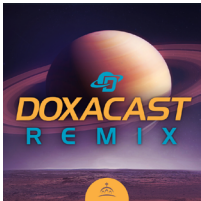
- Graduate's name
- A short bio (school, future plans, accomplishments, etc.)
- A headshot or senior photo

Please send submissions to our Communications Manager, Lacie Faber (lacie@stmaryorthodox.org) by Wednesday, June 3, 2026 so we can include your graduate in this special celebration of our parish students.

Join us for the Doxacast Remix!

The Doxacast Remix continues to examine popular culture through the lens of our Orthodox Christian faith. Fr. David Subu joins us in the latest episode covering Ryan Coogler's award-winning vampire

movie Sinners: "The Oppression of Sin in Ryan Coogler's Sinners." Check out the podcast at https://www.ancientfaith.com/podcasts/dox-acast_remix/



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, June 22 (for July Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Nina A., Selene C., Mike G., Ioana M., Mihai R., Psa. Stephanie, Matt V.

Namedays None.

Anniversaries Nicholas & April M., Jason & Elaine R., Ben & Jessie C.

From the
Pastor's Desk



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!

Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!

Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!