



St. Mary Orthodox Church

WEEKLY BULLETIN | APRIL 19, 2026

Antipascha

St. Thomas Sunday

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

Fellowship Hour sponsored by

Group Kh-P

Church School

12:30pm — Ministry Fair

6-8pm — Men's Fellowship

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon-Fri @ 7:30am-8am online

MONDAY, APRIL 20

Parish Council | 7-8:30pm

WEDNESDAY, APRIL 22

Town Hall Series: Church School |
7-8pm

SATURDAY, APRIL 25

Financial Peace University | 10am-
11:30pm

Wedding: Hintermaier | 1-5pm

SUNDAY, APRIL 26

Matins & Divine Liturgy | 9-11:30am

Church School | 12-1pm

Volunteer Recognition Day



Fellowship Hour Hosting Groups:

Week 1: A-Di

Week 2: Do-Ke

Week 3: Kh-P

Week 4: Q-Z ← Next Week's Host

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY*Tone 7. Pentecostarion Troparion*

FROM the sealed tomb, Thou didst shine forth, O Life! * Through closed doors Thou didst come to Thy Disciples, O Christ God. * Renew in us through them an upright spirit, // by the greatness of Thy mercy, O Resurrection of all!

Glory; both now. *Tone 8.
Pentecostarion Kontakion*

Thomas touched Thy life-giving side with an eager hand, O Christ God, * when Thou camest to Thine Apostles through closed doors. // He cried out with all: “Thou art my Lord and my God!”

PROKEIMENON

In the third tone: Great is our Lord, and abundant in power, / His understanding is beyond measure.

✠ *Praise the Lord! For it is good to sing praises to our God!*

EPISTLE

The Reading is from the Acts of the Holy Apostles (5:12-20)

Brethren, through the hands of the apostles many signs and wonders were done among the people. And they were all with one accord in Solomon’s Porch. Yet none of the rest dared join them, but the people esteemed them highly. And believers were increasingly added to the Lord, multitudes of both men and women,

so that they brought the sick out into the streets and laid them on beds and couches, that at least the shadow of Peter passing by might fall on some of them. Also a multitude gathered from the surrounding cities to Jerusalem, bringing sick people and those who were tormented by unclean spirits, and they were all healed. Then the high priest rose up, and all those who were with him (which is the sect of the Sadducees), and they were filled with indignation, and laid their hands on the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out, and said, “Go, stand in the temple and speak to the people all the words of this life.”

Alleluia, Tone 8:

✠ *Come, let us rejoice in the Lord!
Let us make a joyful noise to God our Savior!*

✠ *For the Lord is a great God, and a great King over all the earth.*

GOSPEL

The Reading is from the Holy Gospel According to St. John (20:19-31)

At that time, the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, “Peace be with you.” When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. So Jesus said to them again, “Peace to you!

— **The Trisagion in Other Languages (Transliterated)** —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluiește-ne pe noi

Church Slavonic: Svyati Bozhe, Svyati Kreпки, Svyati Bessmertni, pomiluy nas

Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna

Greek: Agios O Theos, Agios Eeskhios, Agios Athanatos, eleison imas

Spanish: Santo Dios, Santo Fuerte, Santo Inmortal, ten piedad de nosotros

As the Father has sent Me, I also send you.” And when He had said this, He breathed on them, and said to them, “Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained.” Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. The other disciples therefore said to him, “We have seen the Lord.” So he said to them, “Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe.” And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, “Peace to you!” Then He said to Thomas, “Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing.” And Thomas answered and said to Him, “My Lord and my God!” Jesus said to him, “Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed.” And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

INSTEAD OF IT IS TRULY MEET

The Angel cried to the Lady, full of grace: * “Rejoice, O pure Virgin! Again, I say: Rejoice, * thy Son is risen from His three days in the tomb! * With Himself He has raised all the dead.” * Rejoice, O ye people!

Shine, shine, O new Jerusalem! * The glory of the Lord has shone on thee. * Exult now, and be glad, O Zion! *

Be radiant, O pure Theotokos, * in the Resurrection of thy Son!

THE LORD'S PRAYER (IN ROMANIAN)

Tatăl nostru

Carele ești în ceruri,

Sfîntească-Se numele Tău,

Vie împărăția Ta,

Facă-se voia Ta,

Precum în cer, așa și pe pământ.

Pâinea noastră cea de toate zilele

Dă-ne-o nouă astăzi.

Și ne iartă nouă greșalele noastre,

Precum și noi iertăm greșiților noștri.

Și nu ne duce pe noi în ispită,

Ci ne izbăvește de cel rău.

Că a Ta este împărăția și puterea și slava:

[A Tatălui și-a Fiului și-a Sfântului Duh,]

Acum și pururea și în vecii vecilor.
Amin.

COMMUNION HYMNS

✠ *Praise the Lord, O Jerusalem! Praise your God, O Zion!*

✠ *Alleluia, Alleluia, Alleluia!*



MINISTRY FAIR & NATIONAL VOLUNTEER WEEK



National Volunteer Week, celebrated from April 19–26, is a time across the country to recognize and thank volunteers for their dedication and service. Our parish will also observe this special week as an opportunity to celebrate and appreciate those who generously give their time and talents to support our church community. We will be recognizing ministry leaders, special events volunteers, occasional volunteers, and those who have helped even through one-time service opportunities. Every act of service makes a difference, and your time, effort, and commitment are truly appreciated.

Our Volunteer Recognition Week will begin with the Ministry Fair on April 19th, where you can learn about the many ways to get involved, and will end with a Volunteer Thank You Luncheon on April 26th in appreciation of all those who serve our parish.

Save the Date

Services, holidays, and other events

MAY

- New Members' Sunday** | May 3
- Festal Vespers** | May 5 @ 7pm
- Festal Liturgy** | May 6 @ 10am
- SWOT Analysis** | May 9 @ 12pm
- Baptism: Burk** | May 16 @ 11am
- Great Vespers with Group Confession** | May 16 @ 5pm
- Town Hall Series: Church School (Last Session)** | May 16 @ 7pm
- Last Day of Church School** | May 17
- Nats Game Outing** | May 17 @ 1:35pm
- Parish Council** | May 18 @ 7pm
- Festal Vespers** | May 20 @ 7pm
- Festal Liturgy** | May 21 @ 10am
- Wedding: Knight-Jangmanee** | May 23 @ 2-4pm
- Memorial Liturgy** | May 30 @ 10am
- Festal Matins, Liturgy, and Kneeling Vespers** | May 31 @ 9am-12pm

JUNE

- Divine Liturgy** | June 1 @ 7am
- Church School Recognition Day** | June 7 @ 11:30am
- Parish Council** | June 15 @ 7pm
- Office Closed** | June 25 - July 6

Visit stmaryorthodox.org/calendar for complete and updated listings!

Fellowship Hour Groups & Leaders



Week 1: A-Di — Jon C. & Matt C.

Week 2: Do-Ke — Allison J. & Vacancy

Week 3: Kh-P — Melanie K. & Tom P.

Week 4: Q-Z — Nathan & Charity W.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!

Upcoming Events & Outings

Join Reel Women Special Event



Reel Women is coming back strong for April by viewing *The Devil Wears Prada 2* on opening night @ the Angelika theater at Mosaic on Thursday, April 30th @ 7pm. Christina J. is sitting at G11 seat, so feel free to buy your ticket near her or wherever you'd like for the showing. It is suggested to buy your ticket in advance sooner rather than later. We'll set a dinner location sooner to the date.



CPR & Basic Life Support Training @ St. Mary's

St. Mary Orthodox Church is offering Basic Life Support (BLS) and Cardiopulmonary Resuscitation (CPR) certification classes through the American Red Cross in support of our developing Safety Ministry. Our very own American Heart Association/American Red Cross certified instructor, Caleb Faber, will be teaching these classes. He is one of the **rare instructors who has been resuscitated by CPR firsthand** and is a great resource for our parish --- scan to see his testimonial video or click [here!](#)



As we are offering two distinct courses, here are the guidelines to choose the appropriate course:

- Select a BLS course registration if you are a current or former military member, law enforcement officer, or medical professional (as you already have the basic skills needed for this more advanced course).
- Choose a CPR course registration if you don't yet have basic certifications and/or you feel you need greater confidence or foundational skills in responding to emergencies. We also are reserving a few CPR seats for any youth preparing for a summer babysitting credential (which Caleb will post in the near future).

Participants must complete final registration through the Campaign Pay It Forward link provided through the [Realm link/QR code](#). These courses follow a blended learning format, requiring completion of an online portion prior to attending the in-person skills session at the parish. ***Note each link is unique to the class type and time. Be sure you use the link for the event in which you registered.***

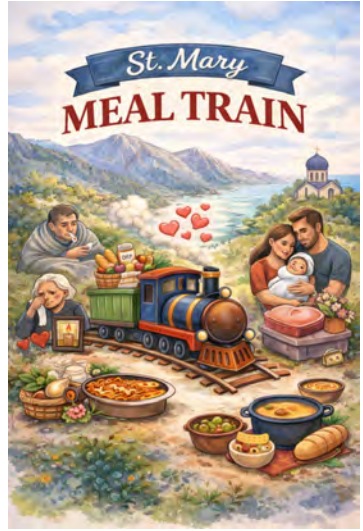


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Parish News & Announcements

Hop on the Meal Trains!

We welcome another little to our parish community with Nicholas Shawn was born on April 11th at 3:04 pm at 8 lbs 11 oz and 19in long! Parents Mark and Elizabeth are so grateful for the generosity from the parish to set this meal train up for us. Please check out their meal train here: <https://www.mealtrain.com/trains/y0qd4m> or scan:



We are overjoyed to share that Subdeacon Nicholas and his wife Emilia welcomed two beautiful newborns into the world on March 30! Flora Gardenia arrived at 10:14am (7 lbs), followed by her sister Felicity Marigold at 10:25am (5 lbs 10 oz). As they joyfully transition into life as a family of seven, we would love to support them with meals



during this beautifully busy season. If you are able to help, please consider signing up for the meal train. Your kindness will make a real difference for their growing family. Thank you for surrounding them with love and support! Scan or visit: <https://mealtrain.com/7g0od8> to help!

Join the Annual St. Mary's Nats Game Outing: Battle of the Beltway

Come join your St. Mary family for a night at the ballpark on Sunday, May 17 @ 1:35PM as the Washington Nationals take on Baltimore! Tickets are just \$12, and little ones under two are free if they can sit on a lap. Spots are limited, so be sure to RSVP by May 3 by emailing Christina Z. Payment is easy—just use Realm (choose “Nats Game Tickets” under Funds) or send a check to St. Mary Orthodox Church with “Nats Game Tickets” in the memo.

Grab your friends, bring the kids, and get ready for a fun evening together at Nationals Park!



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Apr. 27 (for May Issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Jon C., Noah D., Vlad G., Toni P., Mila S., Cindy S.
Namedays St. George, St. Elizabeth the Wonderworker, St. Mila
Anniversaries Svetlana & Daniel M..

*From the
Pastor's Desk*



Need to chat? Whether you're seeking a home blessing, pastoral guidance and care, exploring Orthodoxy, or simply need a place to share what's on your heart, let's talk.

Visit <https://calendly.com/frdavid-p308/>, scan the QR, or email frdavid@stmaryorthodox.org to get on Fr. David's calendar!



Giving to St. Mary's

We are a percentage-based giving parish on the way to tithing. Please consider identifying a percentage of your monthly income as your designated, recurring gift. There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- scan this QR code with your phone to [give online](#)

Thank you for your generosity!

Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!