



St. Mary Orthodox Church

WEEKLY BULLETIN | NOVEMBER 2, 2025

Tone 4 • 21st Sunday after Pentecost

Sunday of Martyrs Acindynus, Pegasus, Elpidophorus, Aphthonius, & Anepodistus

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

Fellowship Hour, served by Group A-Di

12pm-1pm — Church School

4-5pm | Wedding & St. Sophia GOC

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

WEDNESDAY, NOVEMBER 5

Reader's Vespers | 7pm-7:40pm

Financial Peace University | 7:45pm-9pm

FRIDAY, NOVEMBER 7

Philokalia Book Study | 3:00-4:00pm

SUNDAY, NOVEMBER 9

Matins & Divine Liturgy | 9am-11:30am

Church School | Noon-1pm

Office Closed -
November 4th-20th



Fellowship Hour Hosting Groups:

Week 1: A-Di

Week 2: Do-Ke ← Next Week's Host

Week 3: Kh-P

Week 4: Q-Z

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 4. Troparion of the Resurrection

WHEN the women disciples of the Lord * learned from the angel the joyous message of Thy Resurrection, * they cast away the ancestral curse * and elatedly told the apostles: * “Death is overthrown! * Christ God is risen, // granting the world great mercy!”

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy * illumined by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 2. Troparion of the Martyrs

BLESSED is the earth that received your blood, passion-bearers of the Lord, * and holy is the dwelling place which received your spirits. * You triumphed over the enemy in the stadium, * and you preached Christ with boldness. // Since He is good, we pray that you beseech Him to save our souls.

Tone 4. Kontakion of the Resurrection

MY Savior and Redeemer * as God rose from the tomb and delivered the earth-born from their chains. * He has shattered the gates of hell, * and as Master, // He has risen on the third day!

Glory. *Tone 2. Kontakion of the Martyrs*

YOU have received into the enjoyment of Your goodness and repose, O only Good One, * the pious and God-bearing martyrs, who abandoned all earthly things: * Akindynus, Pegásius, and Anempódistus, // together with Aphthónius and Elpidephórus.

Both now. *Tone 3. Kontakion of the Church*

THE Virgin is present today in the Church * And with the fellowship of saints she prays to God on our behalf. * The angels and the bishops worship! * The apostles and the prophets make glad! // For the Theotokos makes supplications for us to the everlasting God!

PROKEIMENON

In the fourth tone: O Lord, how manifold are Thy works! / In wisdom hast Thou made them all!

✠ Bless the Lord, O my soul! O Lord my God, Thou art very great!

EPISTLE

The Reading is from the Epistle of St. Paul to the Galatians (2:16-20)

Brethren, a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ

— **The Trisagion in Other Languages (Transliterated)** —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluiește-ne pe noi
Church Slavonic: Svyati Bozhe, Svyati Krepki, Svyati Bessmertni, pomiluy nas
Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna
Greek: Agios O Theos, Agios Eeskhros, Agios Athanatos, eleison imas

therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Alleluia, Tone 4:

- ✠ *Go forth, proper and reign, for the sake of meekness, righteousness, and truth!*
- ✠ *For Thou lovest righteousness and dost hate iniquity.*

GOSPEL

The Reading is from the Holy Gospel According to St. Luke (8:26-39)

At that time, they sailed to the country of the Gadarenes, which is opposite Galilee. And when He stepped out on the land, there met Him a certain man from the city who had demons for a long time. And he wore no clothes, nor did he live in a house but in the tombs. When he saw Jesus, he cried out, fell down before Him, and with a loud voice said, "What have I to do with You, Jesus, Son of the Most High God? I beg You, do not torment me!"- For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness. Jesus asked him, saying, "What is your name?" And he said, "Legion," because many demons had entered him. And they begged Him that He would not command them to go out into the abyss. Now a herd of many swine was feeding there on the mountain. So they begged Him

that He would permit them to enter them. And He permitted them. Then the demons went out of the man and entered the swine, and the herd ran violently down the steep place into the lake and drowned. When those who fed them saw what had happened, they fled and told it in the city and in the country. Then they went out to see what had happened, and came to Jesus, and found the man from whom the demons had departed, sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. They also who had seen it told them by what means he who had been demon-possessed was healed. Then the whole multitude of the surrounding region of the Gadarenes asked Him to depart from them, for they were seized with great fear. And He got into the boat and returned. Now the man from whom the demons had departed begged Him that he might be with Him. But Jesus sent him away, saying, "Return to your own house, and tell what great things God has done for you." And he went his way and proclaimed throughout the whole city what great things Jesus had done for him.

COMMUNION HYMN

- ✠ *Praise the Lord from the heavens!*
Praise Him in the highest!
- ✠ *Alleluia, alleluia, alleluia*



YOUNG ADULTS & PROFESSIONALS

2025 Gala

SATURDAY, NOVEMBER 8

COCKTAIL HOUR: 6PM
DINNER: 7PM

Join us for a dazzling evening of music, dancing, and glamour with live music and DJ, a photo booth, an open bar, and more!

Dress Code: Semi-Formal or Disco Inspired

Ss. Peter & Paul Antiochian
Orthodox Christian Church
Kogok Banquet Hall
10620 River Road, Potomac, MD




Get your Tickets
\$65 per person
Scan this QR code to
RSVP.

Contact OYAPgala@gmail.com for any questions.


FOCUS

NORTH + AMERICA

**Come explore the possibility of a
FOCUS Center in the DMV!**

 **Three opportunities to join!**


- Saturday, November 8th: St. Mark Orthodox Church
 - 7124 River Rd Bethesda, MD 20817
- Friday, December 5th: Saint Sophia Greek Orthodox Cathedral
 - 2815 36th St NW, Washington, DC 20007
- Saturday, December 6th: St. Mary Orthodox Church
 - 7223 Roosevelt Ave, Falls Church, Virginia 22042

 **Schedule**

- Vespers
 - 5pm - 6pm
- Dinner, Presentation, Q&A
 - 6pm - 8pm

Please direct any questions about the events to info@focusna.org.

**Please RSVP for which sessions
you'll attend:**



Steven Christoforou
Executive Director, FOCUS

*"Living a Life of
Service"*



Fellowship Hour Groups & Leaders

Week 1: A-Di — Jon

C. & Matt C.

Week 2: Do-Ke — Edward H. & Alison J.

Week 3: Kh-P — Melanie K. & Tom P.

Week 4: Q-Z — Nathan & Charity W.

Week 5: Entire Parish — Dsa. Irene L., Alyssa M.

We Can Help You Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. We encourage parishioners to routinely check in on Realm and/or set up a daily digest of activity to be sent to your email to stay engaged with the community. If you're not yet on Realm, please reach out to Lacie Faber during Fellowship Hour (or email lacie@stmaryorthodox.org) and we'll get you set up!



CELEBRATE IOCC'S WORK
IOCC Sunday | Nov. 23, 2025

Get started at ioccsunday.org

Save the Date

Services, holidays, and other events

NOVEMBER

Office Closed | Nov. 4-20

Reader's Vespers | Nov. 5 @ 7-7:40pm

Reel Women | Nov. 10

Nativity Pageant Practice (Children/Youth) | Nov. 8, 15, 22

YAM Game Night | Nov. 8th @ 5pm

Nativity Fast | Nov. 15th - Dec. 24th

Men's Fellowship | Nov. 16th @ 6-8pm

Women's Bible Study | Nov. 21 @ 6:30-8pm

Baptism: Shin | Nov. 29 @ 11am-1pm

DECEMBER

St. Nicholas Retreat & Nativity Pageant Practice | Dec. 6th

FOCUS Presentation | Dec. 6th @ 6-8pm

Gift Exchange Party (No-Sales Consignment) | Saturday, Dec. 13 @ 3-5pm

Nativity Pageant | Dec. 13 @ 5pm

Great Vespers w/Group Confession | Dec. 13th 5-6:30pm

Christmas Schedule

Christmas Eve (Dec. 24th)

Royal Hours | 10am - 12pm

Vespertal Liturgy | 5pm-6:30pm

Candlelight Vigil | 10pm - 11:30pm

Christmas Day (Dec. 25th)

Christmas Liturgy | 10am-11:30am

Upcoming Events & Outings

Click with Caution: Recognizing Scams and Staying Safe in the Age of AI

We all know the internet can be a dangerous place. In Click with Caution, you will learn how to recognize some of the latest AI-enabled online cons, from phishing emails, to spoofed text messages, and even phone and voice calls impersonating your loved ones. Join cyber intelligence analyst and fellow parishioner Jeff M. on Nov. 23rd @ 12:30pm during fellowship hour to learn all about how to mitigate these risks!

Save the Date: Reel Women Movie Night!

Join us the evening of Monday, November 10th for our next Reel Women gathering! Movie options will be posted in the Realm group the week before—don't forget to log in (join the group: Reel Women) and vote for your pick!



Join Young Adults Ministry (YAM) Game Night @ St. Mary's

We will be having our next game night on Sat. Nov. 8th. There is no Vespers service scheduled for that day, so we will gather at 5pm in the house behind the church for dinner and games. Food will be provided, so please RSVP to yam@stmaryorthodox.org so we know how much to prepare (and let us know if you have any dietary restrictions so we can try to accommodate. Feel free to bring any games of your own, as well!



Register for the Ancient Faith Singles retreat at the Antiochian Village

Registration is now live for the Ancient Faith Singles Retreat for ages 30+. Join us at Antiochian Village in Bolivar, PA for a long weekend for Orthodox Christian singles (age 30 and up) full of socializing, church services, speak sessions, trivia, games, speed dating, and free time for relaxation and fellowship. Get out of your comfort zone and meet other singles from all over the country! Visit <https://www.ancientfaith.com/events/singles-retreat/> to learn more!



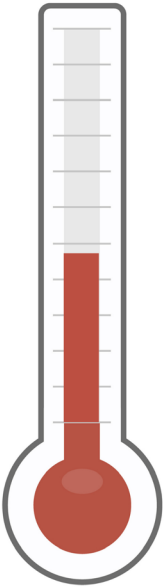
Parish News & Announcements

Help Us Reach our Matching Campaign Goal

St. Mary's Parish Council has spent much of this year investigating options to expand, relocate, or otherwise accommodate our growing parish. As part of our 2025 budget, we set a goal of saving an additional \$100,000 for our "war (peace?) chest", which is the pot of money set aside for whatever building opportunities God brings to us.

We are nearly halfway there, and we are excited to announce that two generous donors have offered

GOAL: 100K



to match your contributions up to a total of \$20,000 between now and the end of the year! As we enter the Advent season, please use this campaign to double the impact your contribution will have. To donate, simply go to the "Give Now" tab in Realm, and select "St. Mary's Capital Fund" from the drop down menu. You can also give a check to David D., Ileana C., or Chris G.

We recognize some prefer to wait to give until we are certain of the path forward. However, we ask that you prayerfully consider entrusting the parish with your funds now, as once an opportunity arises, we may only have a short window to put in an offer or close a contract before another party beats us to it. God bless you, and we appreciate the time, talent, and treasure each of you brings to our community.



Submit items for the weekly bulletin or *The Veil*

Contact Lacie Faber at lacie@stmaryorthodox.org

Newsletter deadline | Monday, Nov. 24 (for Dec. issue)

Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Anastasia B., Sara C., Yara C., Ileana C., Samuel C.,
Alexandra D., Rebecca E., Anthony F., Luke F.

Namedays Michael the Archangel,

Anniversaries Eugene H. & Stephanie C., Caleb & Lacie F., Craig
& Renee L., Jeff & Meghan M.

Regularly Scheduled Activities

Sunday Liturgy | 9am Matins, 10am Divine Liturgy

Saturday Great Vespers | Saturday, 5pm-6pm

3rd & 6th Hours | Monday–Friday, 7:30am–8am

Women's Bible Study | 3rd Friday of the month, 6:30pm–8pm

Men's Fellowship | Monthly, on a Sunday TBD, 6pm–8pm

Fellowship of Moms | Monthly, after a morning Divine Liturgy TBD

Philokalia Book Group | Fridays, 3pm–4pm

Reel Women | Monthly, on a Tuesday TBD



Giving to St. Mary's

There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- [click here](#) to give online

Thank you for your generosity!

Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!