



St. Mary Orthodox Church

WEEKLY BULLETIN | AUGUST 17, 2025

Tone 1 · 10th Sunday after Pentecost
Afterfeast of the Dormition | Sunday of Martyr Myron, Presbyter of Cyzicus

Today's Schedule

9:00am — Matins

10:00am — Divine Liturgy

Following the service:

Fellowship Hour, offered by Group Kn-Paf

This Week At St. Mary's

Daily 3rd & 6th Hours — Mon–Fri @ 7:30am-8am online

MONDAY, AUGUST 18

Parish Council | 7pm-9pm

SATURDAY, AUGUST 23

50th Anniversary Service: Hoffman |

4:30pm

Great Vespers | 5pm-6pm

SUNDAY, AUGUST 24

Matins | 9am

Divine Liturgy | 10am-11:30am



Fellowship Hour Hosting Groups:

Week 1: A-D

Week 2: E-KI

Week 3: Kn-Paf

Week 4: Pag-Z ← **Next Week's Host**

Week 5: Entire Parish

Parish Priest: Fr. David Subu | Parish Council President: David Dill
7223 Roosevelt Ave, Falls Church, VA 22042 | 703.280.0770 | stmaryorthodox.org

HYMNS OF THE DAY

Tone 1. Troparion of the Resurrection

WHEN the stone had been sealed by the Jews, * while the soldiers were guarding Thy most pure body, * Thou didst rise on the third day, O Savior, * granting life to the world. * The powers of heaven therefore cried to Thee, O Giver of Life: * “Glory to Thy Resurrection, O Christ! * Glory to Thy Kingdom! // Glory to Thy dispensation, O Thou Who lovest mankind!”

Tone 1. Troparion of the Feast

In giving birth you preserved your virginity. * In falling asleep you did not forsake the world, O Birthgiver of God. * You were translated to life O Mother of Life, // and by your prayers deliver our souls from death.

Tone 4. Troparion of the church

TODAY the faithful celebrate the feast with joy * illumined by your coming, O Mother of God. * Beholding your pure image, we fervently cry to you: * Encompass us beneath the precious veil of your protection. * Deliver us from every form of evil, * by entreating Christ, your Son and our God, // that He may save our souls!

Tone 4. Troparion of St. Myron

Thy holy martyr Myron, O Lord, * through his sufferings has received an incorruptible crown from Thee, our God. * For having Thy strength, he laid low his adversaries, * and shattered

the powerless boldness of demons. // Through his intercession, save our souls!

Tone 1. Kontakion of the Resurrection

AS God, Thou didst rise from the tomb in glory, * raising the world with Thyself. * Human nature praises Thee as God, for death has vanished. * Adam exults, O Master! * Eve rejoices, for she is freed from bondage and cries to Thee: // “Thou art the Giver of Resurrection to all, O Christ!”

Glorify. *Tone 4. Kontakion of St. Myron*

From childhood thou didst long for Christ, all glorious one, * keeping His divine commandments and running to Him with all thy being, all-honored Myron. * Now thou dost zealously pray with the Angels, * asking remission of sins // for those who celebrate thy memory.

Both now. *Tone 2. Kontakion of the Feast*

Neither the tomb, nor death, could hold the Theotokos, * who is constant in prayer and our firm hope in her intercessions. * For being the Mother of Life, // she was translated to life by the One Who dwelt in her virginal womb.

PROKEIMENON

In the first tone: Let Thy mercy, O Lord, be upon us / as we have set our hope on thee.

— *The Trisagion in Other Languages (Transliterated)* —

Romanian: Sfinte Dumnezeule, Sfinte Tare, Sfinte Fără de moarte, Miluiește-ne pe noi

Church Slavonic: Svyati Bozhe, Svyati Kreпки, Svyati Bessmertni, pomiluy nas

Arabic: Qudduson illah, Qudduson ilqawi, Qudduson illadhi, la yamoot urhamna

Greek: Agios O Theos, Agios Eeskhros, Agios Athanatos, eleison imas

✠ *Rejoice in the Lord, O ye righteous!
Praise befits the just!*

In the third tone: My soul magnifies the Lord, / and my spirit rejoices in God my Savior.

EPISTLE

*The Reading is from
the First Epistle of St. Paul to
the Corinthians (4:9-16)*

Brethren, I think that God has displayed us, the apostles, last, as men condemned to death; for we have been made a spectacle to the world, both to angels and to men. We are fools for Christ's sake, but you are wise in Christ! We are weak, but you are strong! You are distinguished, but we are dishonored! To the present hour we both hunger and thirst, and we are poorly clothed, and beaten, and homeless. And we labor, working with our own hands. Being reviled, we bless; being persecuted, we endure; being defamed, we entreat. We have been made as the filth of the world, the offscouring of all things until now. I do not write these things to shame you, but as my beloved children I warn you. For though you might have ten thousand instructors in Christ, yet you do not have many fathers; for in Christ Jesus I have begotten you through the gospel. Therefore I urge you, imitate me.

Alleluia, Tone 1:

✠ *God gives vengeance to me, and
subdues people under me!*

✠ *He magnifies the salvation of the
King and deals mercifully with
David, His anointed, and his seed
forever.*

Tone 1:

✠ *Arise, O Lord, into Thy rest, Thou and
the Ark of Thy sanctification!*

GOSPEL

*The Reading is from the Holy Gospel
According to St. Matthew (17:14-25)*

At that time, a man came to Jesus, kneeling down to Him and saying, "Lord, have mercy on my son, for he is an epileptic and suffers severely; for he often falls into the fire and often into the water. So I brought him to Your disciples, but they could not cure him." Then Jesus answered and said, "O faithless and perverse generation, how long shall I be with you? How long shall I bear with you? Bring him here to Me." And Jesus rebuked the demon, and it came out of him; and the child was cured from that very hour. Then the disciples came to Jesus privately and said, "Why could we not cast it out?" So Jesus said to them, "Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting." Now while they were staying in Galilee, Jesus said to them, "The Son of Man is about to be betrayed into the hands of men, and they will kill Him, and the third day He will be raised up."

INSTEAD OF "IT IS TRULY MEET"

In the first tone: The Angels, as they looked upon the Dormition of the Virgin, * were struck with wonder, * seeing how the Virgin went up from earth to heaven. *

The limits of nature are overcome in you, O Pure Virgin: * for birthgiving remains virginal, and life is united to death; * a virgin after childbearing and alive after death, * you ever save your inheritance, O Theotokos.

COMMUNION HYMNS

- ✠ Praise the Lord from the heavens! Praise Him in the highest!
- ✠ I will receive the cup of salvation and call on the Name of the Lord!
- ✠ Alleluia, Alleluia, Alleluia!



Register for Adult Catechism Fall 2025: The Faith

This Fall, we are offering an Adult Catechism course--by the end, catechumens of St. Mary's will be well-prepared for reception into the Orthodox Church. The course will help you understand the history, purpose, and meaning of Orthodox dogma as outlined in the Nicene Creed.

The first class begins at 3:00pm on September 13th. To join the Fall Session (covering the Creed and basics of Orthodox doctrine) click here: <https://tinyurl.com/ppfxmexn>

Teach St. Mary's Thriving Next Generation!

Help guide our students (grades 1–8) through **A Walk Through Acts**—a fun, ready-to-use curriculum filled with activities, crafts, and a script. All that's missing is YOU! We especially need **two** church school teachers for grades 1–3. No teaching experience required—just a heart to serve! Interested? Contact Caleb F.

We Can Help You Join Realm Today!

Our parish uses [Realm](#) (available on browser or app) to share real-time updates on activities, ministries, and other church activities. We encourage parishioners to routinely check in on Realm and/or set up a daily digest of activity to be sent to your email to stay engaged with the community. If you're not yet on Realm, please reach out to Ileana C. at the Connections Center during Fellowship Hour and we'll get you set up!



Join us for a
Marriage Retreat
with **Fr. Alexander**
Goussetis

Sponsored by the
Holy Apostles Philoptochos

Saturday, September 13
at Holy Apostles Church
9:00AM - 1:00PM

Sessions on Orthodox Marriage Basics
and Improving Marital Communication for
couples of all ages, as well as engaged couples
preparing for marriage.



Director of the Center
for Family Care of the
Greek Orthodox
Archdiocese

Registration - \$40 per Couple

Visit: www.holyapostlesgreekorthodox.org/retreat

25350 POLAND RD. CHANTILLY, VA 20152

Attend the 2025 Cross Bearers Conference

The panorthodox Fellowship of St. Moses the Black will be hosting it's annual conference in Grand Rapids, MI, from Oct. 10-12, 2025 called "Cross Bearers" focussing on St. Luke 23:26 and linking Ancient African Orthodoxy and African American Christianity. More information can be found [here](#). Please reach out to Alyssa M. if you have any interest in attending or want more information about the Fellowship in general!



Fellowship Hour Groups & Leaders

- ▶ **Week 1: A-D** — Dsa. Cathy D., Jonathan C.
- ▶ **Week 2: E-KI** — Edward H., Allison J.
- ▶ **Week 3: Kn-Paf** — Melanie K., Tom P.
- ▶ **Week 4: Pag-Z** — Elaine P., Nathan & Charity W.
- ▶ **Week 5: Entire Parish** — Dsa. Irene L., Alyssa M.

Save the Date

*Services, holidays,
and other events*

AUGUST

Office Closed | August 25-30

SEPTEMBER

St. Mary's Annual Parish Picnic
| Sunday, Sept. 7

Adult Catechism I: The Faith
| Sept. 13 - Nov. 15 | 3pm on
Saturdays

Women's Bible Study | Friday,
Sept. 29 @ 6:30pm-8pm

Active Shooter Response Training Session | Sunday, Sept. 21

Estate Planning Fireside Chat |
Sunday, Sept. 28 during Fellowship
Hour

OCTOBER

Connect DC Young Adults Conference | Oct. 3-5

St. Mary's Dinner Dance |
Saturday, Oct. 11 @ 6pm at St.
Luke's in McClean

Divine Liturgy of St. James |
Oct. 23 @ 10am-11:30am

Doxacon | Friday, Oct. 31 & Sun-
day, Nov. 1 @ Catholic University



Register for the 2025 Connect Conference

Early Registration for Connect 2025 in Washington, D.C. Oct. 3-5 is now open! Registration includes keynote addresses from featured guests, Q&A sessions, social activities, and meals (Friday dinner, Saturday breakfast and social night, Sunday lunch). Visit www.connectorthodox.org to learn more!

connect
orthodox young adult conference



Two Weeks Left for Early Bird Registration!

Tickets are \$55 until August 31

Doxacon's theme this year is catharsis. Scroll down our homepage at www.doxacon.org to see all the ways our speakers plan to address this theme. You may even see a couple of familiar faces. Doxacon takes place this year

at the Catholic University of America, Oct. 31 - Nov. 1. Visit <https://doxacon2025.brownpapertickets.com> to register. We hope to see you there!



Help Host Fellowship Hour!

Love connecting with others over coffee and cookies? Want to help build up our parish community one joyful gathering at a time? **The Fellowship Hour Planning Team needs YOU as our current volunteers cycle out!** We're looking for friendly, organized volunteers to co-lead teams for our Sunday Fellowship Hour. No culinary expertise required—just a heart for hospitality

and the ability to coordinate your team once a month. We're looking for:

Week 1 (A-D): 1 Leader

Week 2 (E-K): 1 Leader

Week 4 (Pag-Z): 2 Leaders

Immediate short-term help welcome during the transition, as well! Interested? Talk to Alyssa M. or Dsa. Irene L. **Be part of the joy--join us in hosting Sunday Fellowship Hour!**



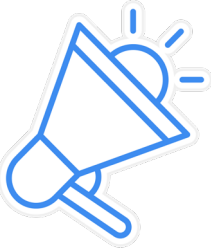
Pray
the
News

Don't just read the news. Pray it.

We deliver the top news stories without partisan bias and offer up each one to God, all in less than 15 minutes a day. It's prayer, not politics—promised.

www.praythenewstoday.com





Calling Church School Teachers and Substitute Teachers

If you have volunteered to be a church school teacher this year, or wish to join the substitute teacher pool, please gather in the 3-5th grade classroom during fellowship hour on August 24th to discuss planning for the upcoming year!



Sign-up for our Annual Parish Picnic and Ministry Fair!

We'll have a cookout at the parish hall/outside area. Feel free to bring games, instruments, lawn chairs, and other picnic essentials!

We're looking for volunteers to bring food, help with setup/cleanup, or assist with grilling. Please visit tinyurl.com/sdwfea5s to volunteer, bring an item, or reserve a ministry table.

Rain or shine, we can't wait to see you there! Questions? Contact Yara C. (Picnic) or Ioana M. (Ministry Fair). Thank you!



Join us for the Doxacast Remix!

Catch the latest episode: **Where All Men Have Gone Before: Wherein We Take On Trek**, featuring 2025 Dox-acon speaker, **Richard Strube**. To hear this and other conversations, visit our home on Ancient Faith Radio <https://tinyurl.com/89s9kdj6> or check us out on Spotify, Apple Podcasts, or Pocketcasts.



Submit items for the weekly bulletin or *The Veil*
Contact Lacie F. at lacie@stmaryorthodox.org

Newsletter deadline | Monday, August 25 (for September issue)
Weekly bulletin deadline | by end-of-day Wednesday each week

God Grant You Many Years!



Birthdays Matthew C., Caleb F., Susan F., Ken L., Andra P., Inna S.

Namedays St. Samuel

Anniversaries Jeff B. & Eva F., Pete & Michaela D., Sdn. Nick & Emilia J.

Regularly Scheduled Activities

Sunday Liturgy | 9am Matins, 10am Divine Liturgy

Saturday Great Vespers | Saturday, 5pm-6pm

3rd & 6th Hours | Monday–Friday, 7:30am–8am

Women's Bible Study | 3rd Friday of the month, 6:30pm–8pm

Men's Fellowship | Monthly on a Sunday TBD, 6pm-8pm

Fellowship of Moms | Monthly TBD, after a morning Divine Liturgy

Philokalia Book Group | Fridays, 12pm-1pm (summer hours)

Reel Women | Monthly, on a Tuesday



Giving to St. Mary's

There are three easy ways to give:

- in the collection bowl in the narthex
- in the collection plate in the nave as you exit for the Fellowship Hall
- [click here](#) to give online

Thank you for your generosity!

Are you visiting? Welcome to St. Mary's!

We're delighted that you've joined us! Please feel free to watch, participate, or ask the person next to you if you have any questions. Check out the Connections Corner in the fellowship hall to learn more about us or Orthodoxy, to pick up a copy of our newsletter and ministry brochure, or to just meet a few friendly faces!

We try to avoid entering or exiting the nave during readings, processions, or the sermon. Please note that to receive Holy Communion in our church, one must be baptized Orthodox, recently-confessed, and at peace with one's fellows. At the end of the service, everyone is welcome to come up to kiss the Cross, greet the priest, and receive blessed bread.

Please join us for fellowship hour downstairs in the fellowship hall after liturgy. We'd love to meet you!