



Protection of the Holy Mother of God Orthodox Church

Monthly Parish Bulletin
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The Spirituality of Summer

By Rev. Fr. David Subu

“Christ is among us! He is and ever shall be!”

We greet each other as Orthodox Christians with these traditional words from Pentecost until the next Pascha. They seem so simple, that we can take them for granted. They mean what they say—Christ is with us in the times that we take Him for granted too. Often enough, the summer months can become a season of spiritual neglect as we forget about Christ’s abiding presence in our life. But that is completely unnecessary and avoidable! After all, did He not make the seasons for His glory? Just as Lent, Pascha, Advent, and the other seasons of the year enrich us with spiritual lessons and celebrations, so too do the summer months. This month, I’d like to share with you some reflection on the beautiful traditions of the summer and the season of Pentecost.

The summer is often considered to begin with Memorial Day. Appropriately, this year, the feast of Pentecost falls on Memorial Day Weekend, and the Day of the Holy Spirit is on Memorial Day proper. Thus, two noble celebrations are joined and we begin the summer remembering both the sacrifice of our fallen members of the armed forces who secured our earthly freedom on the same day we remember the Holy Spirit that grants us eternal and heavenly freedom. Likewise, we will celebrate in the first week of July both our American Independence and the Orthodox feast of All Saints of America. The Church always reminds us to love our country as the cradle in which we grow into a nation blessed by our Creator, an earthly but also holy icon of the heavenly kingdom. Our Orthodox history and traditions deepen all of our American traditions which, historically, have always remembered the sovereignty of God over all nations.

Summer is also a time of family celebrations: graduations, reunions, weddings, and when I was growing up, basically any excuse to get together for a barbeque or cookout. At the same time, the Church calls us to enter into the Apostles’ Fast. Some years, if Pascha (and thus Pentecost) come late, the fast may last only a few days (or even none at all on the Revised Julian Calendar). This year, it encompasses most of the month of June (and some of July for those on the Old Calendar). This can put us into compromising situations if we commit to following the disciplines of the Church. We must remember to always humbly accept hospitality in whatever form it is given as a gift from God, while at the same time keeping our fast privately as strictly as we are able. A fast dedicated to the memory of the holy Apostles and Martyrs reminds us of the sacrifices that have been made to teach the Gospel to all nations, to encourage us not to isolate ourselves and our faith but share the joyful good news of the Resurrection of Christ with all. The spiritual benefit that

continued on next page

An English Speaking Parish Community of the Orthodox Church in America
Most Rev. Archbishop NATHANIEL of Detroit & the Romanian Orthodox Episcopate of America
Rev. Fr. David G. Subu, Parish Priest
Protodeacon Peter Danilchick, Parish Deacon
Jonathan E. Jacobson, Parish Council President

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then arises is that our summer feasts will be so much the sweeter and special, because our fellowship is rooted in the love of Christ.

Lastly, summer is also a time when many of us travel and take vacation. Indeed it has been from ancient times. The way the ancient Christian would transform their “summer vacation” into a spiritual journey was through the practice of pilgrimage. I cannot overstate the value of a pilgrimage for your spiritual life. Whether we travel specifically to a holy place as the central purpose of our vacation or simply make sure we include attending church on Sunday when away, we can reap the benefit of pilgrimage. Wherever and whenever we travel, we should be sure to find out ahead of time where the closest Orthodox Churches are and what special places such as monasteries are nearby.

And speaking of monasteries, the summer is an ideal time to be a pilgrim to a community of monks or nuns. The two convents in our Episcopate, the Monastery of the Transfiguration and Holy Dormition Monastery, have their annual feast day pilgrimages in August and are models of Christian hospitality and wellsprings from which spiritual renewal flow.

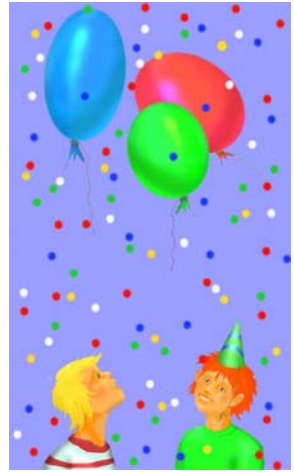
Far from being a time of spiritual sloth and malaise, the summer months can and should be some of the most enriching of the year. Having completed the course of the fast, and having beheld the Resurrection of Christ, the season of Pentecost is the time to go out into the world and participate in the great work of the Holy Spirit. Both Lent and Pascha had a purpose which did not end with the Ascension but are just beginning to be fulfilled in our world starting this summer, starting with you, starting today! God bless you!

With love,
Your Parish Priest,



June Birthdays

- 1 Amanda Herman
- 3 Psa Stephanie Subu
- 5 Elaine Ivascu
- 6 Michael Gullette Sr.
- 8 Jonathan Chaves
- 11 Gemma Phelps
- 14 John Michael Dujmovic
- 16 Chris Kozemchak
- 17 Grace Subu
- 18 Julia Yuskavage
- 18 Alexander Woglom
- 18 Daniel Martin Jacobson
- 23 Mark Cherpes
- 24 Stephen Zimmerli
- 24 Rachel Marie Jacobson
- 28 Martha Codrea



June Anniversaries

- 17 Armand & Tina Scala

June Saints' Name Days

- 24 The Nativity of the Holy Forerunner and Baptist of the Lord, John: John Grecco
- 29 St. Peter and Paul: Protodeacon Peter Danilchick

Please send any corrections or omissions to updates@stmaryorthodox.org. We particularly need parishioners' Saints' Name Days as our list is incomplete.

The next Women's Bible Study will be on Tuesday, June 12th, 7:30 pm at Eleni Woglom's house. We will be continuing our discussion of the Gospel of John. If you need directions to Eleni's home, her phone number is (703) 425-0834. Everyone is welcome to attend!

Letter from Jonathan Jacobson, Parish Council President

Dear Brothers and Sisters in Christ,

Each month, when St. Mary Parish's Council meets, a major focus of our evening is our need to care for **the physical property of our Parish**, including our financial assets, the Church building, the grounds surrounding it, and adjacent rental properties. During the May 10, meeting, for instance, we discussed plans, made possible through a generous gift to the Parish, for installing a new climate control system for the fellowship hall and reducing the noise level of the climate control system in the Church building. We also discussed the waxing of floors, drywalling and painting of sections of the Church building, and care for the surrounding lawn—ongoing tasks to which numerous parishioners are kindly contributing their time and talents.

We also continue to rely on tenants for part of our income. The Parish has a total of \$418,879 in liabilities from mortgages on the Church building and 2944 Irvington Road house (which are zoned as a single property) as well as on the 7219 Roosevelt Avenue property (which includes much of our parking space). Renting the two homes helps to cover a portion of our mortgage payments of \$41,284 per year. Further reducing our debt level will free us to explore more seriously various options for improving accessibility to Parish facilities, expanding fellowship hall and parking space, and developing an even more beautiful area for Orthodox worship.

Besides beautifying our worship, **the Icon Project** continues to be an important way for the Parish to grow in our appreciation of the reality of the Incarnation and the communion of Saints who surround us as “so great a cloud of witnesses” (Hebrews 12:1, English Standard Version). Phase I of the project—the 12 Festal Icons—is now complete, and we expect to soon see the iconographers' work under Phase IA—the Prayer Corner—and then Phase II—Arched Icons of Individual Saints. Several icons included in Phase III—Choir Loft Icons—and Phase IV — Exonarthex Icons—remain available for sponsorship; please contact Anna Caraveli for more information. Many thanks to those of you who have already followed through with pledges toward this project.

It would be a grave error for us to think that an Orthodox Parish is primarily the Church building and the icons within it made of paint and wood. We, as members of the One Holy Catholic and Apostolic Church, are “God's building” (I Corinthians 3:9). We ourselves are called to become living icons of Christ, each of us “being renewed in knowledge after the image of [our] creator” (Colossians 3:10). **The assets of our Parish are more than real estate and bank accounts, and include all the PEOPLE of the Protection of the Mother of God Orthodox Church.** St. John of Damascus wrote of “our veneration of each other, since we are God's inheritance, and were made according to His image, and so we are subject to each other, thus fulfilling the law of love” (*On the Divine Images*, 3, 37).

Do we honor Fr. David and each other as we honor the icons of Christ and the Saints placed throughout our Church building? Do we see the Holy Mysteries, Christian education, and daily prayer and Scripture reading, not as chores, but as means of receiving Christ into our lives? Do we welcome visitors to services, since St. Paul taught, “Welcome one another as Christ has welcomed you, for the glory of God” (Romans 15:7)? Do we imitate St. Philip who invited his friend who did not know the real Jesus to “come and see” (John 1:46)? Do we remember “to do good and to share... for such sacrifices are pleasing to God” (Hebrews 13:16)?


Following Pentecost, as we seek to “walk by the Spirit” (Galatians 5:25), and as we prepare to honor Sts. Peter and Paul on June 29th, may these words of St. Paul sink into our hearts: **“Let us not grow weary of doing good, for in due season we will reap, if we do not give up. So then, as we have opportunity, let us do good to everyone, and especially to those who are of the household of faith”** (Galatians 6:9-10).

Your Brother in Christ,
Jonathan Jacobson

Protection of the Holy Mother of God Orthodox Church
June 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>27</p> <p>HOLY PENTECOST</p> <p>9 AM - 10 AM Matins</p> <p>10 AM - 11:30 AM Divine Liturgy</p> <p>11:30 AM - 12:30 PM Church School</p> <p>11:45 AM - 12:30 PM Vespers of Pentecost with Kneeling Prayers</p>	<p>28</p>  <p>Memorial Day</p> <p>No fasting all week</p> <p>Day of the Holy Spirit</p>	<p>29</p>	<p>30</p> <p>7 PM - 7:30 PM Vespers</p> <p>7:30 PM - 9 PM Bible Class</p>	<p>31</p> <p>9:30 AM - 3 PM Office Hours</p>	<p>June 1</p> <p>St Justin the Martyr</p>	<p>2</p> <p>Leavetaking of Pentecost</p> <p>9 AM - 11 AM Men's Breakfast Fellowship</p> <p>7 PM - 9 PM Unction at Holy Cross (Alexandria)</p>
<p>3</p> <p>All Saints</p> <p>9 AM - 10 AM Matins</p> <p>10 AM - 11:30 AM Divine Liturgy</p> <p>11:30 AM - 12:30 PM Church School</p>	<p>4</p> <p>Apostle's Fast Begins</p> <p>3 PM - 6 PM Office Hours</p> <p>6 PM - 7 PM Prayers for Victory</p>	<p>5</p> <p>Apostle's Fast</p> <p>9 AM - 3:30 PM Office Hours</p>	<p>6</p> <p>Apostle's Fast</p> <p>7 PM - 7:30 PM Vespers</p> <p>7:30 PM - 9 PM Bible Class</p>	<p>7</p> <p>Apostle's Fast</p>	<p>8</p> <p>Glorification of St John of Kronstadt</p> <p>Apostle's Fast</p>	<p>9</p> <p>St Cyril of Alexandria</p> <p>Apostle's Fast</p> <p>9 AM - 3 PM ANNUAL RUMMAGE SALE</p> <p>5 PM - 6 PM Vespers & Confessions</p>
<p>10</p> <p>All Saints of North America</p> <p>Apostle's Fast</p> <p>9 AM - 10 AM Matins</p> <p>10 AM - 11:30 AM Divine Liturgy</p> <p>11:30 AM - 12:30 PM Last Day of Sunday School</p>	<p>11</p> <p>Apostles Bartholomew & Barnabas</p> <p>Apostle's Fast</p> <p>1 PM - 6 PM Office Hours</p> <p>6 PM - 7 PM Prayers for Victory</p>	<p>12</p> <p>Apostle's Fast</p> <p>9 AM - 3:30 PM Office Hours</p> <p>7:30 PM - 9:30 PM Women's Bible Study</p>	<p>13</p> <p>Apostle's Fast</p> <p>7 PM - 7:30 PM Vespers</p> <p>7:30 PM - 9 PM Bible Class</p>	<p>14</p> <p>Apostle's Fast</p> <p>7:30 PM - 9:30 PM Parish Council Meeting</p>	<p>15</p> <p>Prophet Amos</p> <p>Apostle's Fast</p>	<p>16</p> <p>Apostle's Fast</p> <p>5 PM - 6 PM Vespers & Confessions</p>
<p>17</p> <p>Father's Day</p> <p>Apostle's Fast</p> <p>9 AM - 10 AM Matins</p> <p>10 AM - 11:30 AM Divine Liturgy</p> <p>11:30 AM - 11:45 AM Memorial: All Fathers</p> <p>11:45 AM - 12 PM Sunday School Recognition</p>	<p>18</p> <p>Apostle's Fast</p> <p>3 PM - 6 PM Office Hours</p> <p>6 PM - 7 PM Prayers for Victory</p>	<p>19</p> <p>Apostle Jude</p> <p>Apostle's Fast</p> <p>9 AM - 3:30 PM Office Hours</p>	<p>20</p> <p>St Nahum of Ohrid</p> <p>Apostle's Fast</p> <p>7 PM - 7:30 PM Vespers</p> <p>7:30 PM - 9 PM Bible Class</p>	<p>21</p> <p>Apostle's Fast</p> <p>7:30 PM - 9:30 PM Women's Prayer Group</p>	<p>22</p> <p>Martyr Zeno of Philadelphia</p> <p>Apostle's Fast</p>	<p>23</p> <p>Icon of Our Lady of Vladimir</p> <p>Apostle's Fast</p> <p>5 PM - 6 PM Vespers & Confessions</p>
<p>24</p> <p>Nativity of St John the Baptist</p> <p>Apostle's Fast</p> <p>9 AM - 10 AM Baptism/Chrismations: Apodaca Family</p> <p>10 AM - 11:30 AM Divine Liturgy</p> <p>12 PM - 1 PM Farewell Party: Migyanko Family</p>	<p>25</p> <p>Apostle's Fast</p> <p>1 PM - 6 PM Office Hours</p> <p>6 PM - 7 PM Prayers for Victory</p>	<p>26</p> <p>Icon of Our Lady of Tikhvin</p> <p>Apostle's Fast</p> <p>9 AM - 3:30 PM Office Hours</p>	<p>27</p> <p>Ss. Sergius & Herman of Valaam</p> <p>Apostle's Fast</p> <p>Episcopate Conference in Grass Lake, MI (Office Closed)</p>	<p>28</p> <p>Translation of Relics of Holy & Wonderworking Unmerceneries Cyrus & John</p> <p>Apostle's Fast</p> <p>Episcopate Conference in Grass Lake, MI (Office Closed)</p>	<p>29</p> <p>Ss. Peter & Paul</p> <p>Apostle's Fast</p> <p>Episcopate Conference in Grass Lake, MI (Office Closed)</p>	<p>30</p> <p>Synaxis of the Twelve Apostles</p> <p>Episcopate Conference in Grass Lake, MI (Office Closed)</p>
Sun	Mon	Tue	Wed	Thu	Fri	Sat

Protection of the Holy Mother of God Orthodox Church
July 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>Holy Fathers of the 1st Six Ecumenical Councils</p> <p>Ss. Cosmas & Damian</p> <p>9:40 AM - 10:20 AM 3rd/6th Hour</p> <p>10 AM - 11:30 AM Divine Liturgy - Fr. Woodill</p>	<p>2</p> <p>Repose of John Maximovitch of Shanghai & San Francisco</p> <p>Fr David on vacation (Office Closed)</p>	<p>3</p> <p>Fr David on vacation (Office Closed)</p>	<p>4</p>  <p>Independence Day</p> <p>(fast)</p> <p>Fr David on vacation (Office Closed)</p>	<p>5</p> <p>St Athanasius of Mt Athos</p> <p>Fr David on vacation (Office Closed)</p>	<p>6</p> <p>(fast)</p> <p>Fr David on vacation (Office Closed)</p>	<p>7</p> <p>Fr David on vacation (Office Closed)</p>
<p>8</p> <p>6th Sunday after Pentecost</p> <p>Icon of Our Lady of Kazan</p> <p>Icon of Our Lady of Sitka</p> <p>9:40 AM - 10:20 AM 3rd/6th Hour</p> <p>10 AM - 11:30 AM Divine Liturgy - Fr. Woodill</p>	<p>9</p>	<p>10</p>	<p>11</p> <p>(fast)</p> <p>7 PM - 7:30 PM Vespers</p>	<p>12</p> <p>7:30 PM - 9:30 PM Parish Council Meeting</p>	<p>13</p> <p>St Olga</p> <p>Synaxis of the Archangel Gabriel</p> <p>(fast)</p>	<p>14</p> <p>Singles Event @ St Mark's (Bethesda)</p>
<p>15</p> <p>St Vladimir</p> <p>9 AM - 10 AM Matins</p> <p>10 PM - 11:30 PM Divine Liturgy</p>	<p>16</p>	<p>17</p> <p>Greatmartyr Marina</p>	<p>18</p> <p>(fast)</p> <p>7 PM - 7:30 PM Vespers</p>	<p>19</p> <p>Glorification of St Seraphim of Sarov</p> <p>Venerable Macrina</p>	<p>20</p> <p>St Elias</p> <p>Prophet Ezekiel</p> <p>(fast)</p> <p>9 AM - 10 AM Liturgy</p> <p>10:30 AM Alter Server/Teen Day (Kings Dominion)</p>	<p>21</p>
<p>22</p> <p>St Mary Magdalene</p> <p>9 AM - 10 AM Matins</p> <p>10 PM - 11:30 PM Divine Liturgy</p>	<p>23</p>	<p>24</p>	<p>25</p> <p>Dormition of the Righteous Anna</p> <p>Conference @ Marymount</p> <p>(fast)</p> <p>OCA Parish Ministries Conference (Arlington, VA)</p> <p>5:30 PM - 5:55 PM Vespers</p>	<p>26</p> <p>St Jacob of Alaska</p> <p>St Paraskeva</p> <p>OCA Parish Ministries Conference (Arlington, VA)</p>	<p>27</p> <p>St Panteleimon</p> <p>(fast)</p> <p>OCA Parish Ministries Conference (Arlington, VA)</p>	<p>28</p> <p>Conference</p> <p>OCA Parish Ministries Conference (Arlington, VA)</p> <p>9 AM Liturgy & Brunch</p>
<p>29</p> <p>9th Sunday after Pentecost</p> <p>9 AM - 10 AM Matins</p> <p>10 PM - 11:30 PM Divine Liturgy</p>	<p>30</p>	<p>31</p>	<p>1</p> <p>Dormition Fast Begins</p> <p>10 AM - 11 AM Liturgy</p> <p>7 PM - 8 PM Paraclesis</p>	<p>2</p> <p>Dormition Fast</p> <p>7 PM - 8 PM Paraclesis</p>	<p>3</p> <p>Dormition Fast</p> <p>7 PM - 8 PM Paraclesis</p>	<p>4</p> <p>Dormition Fast</p> <p>7 PM - 8 PM Paraclesis</p>
Sun	Mon	Tue	Wed	Thu	Fri	Sat

St Mary Orthodox Church, 7223 Roosevelt Ave, Falls Church, VA 22042 (703) 280-0770

ARCHBISHOP SERAPHIM KEYNOTE SPEAKER AT
PARISH MINISTRIES CONFERENCE
JULY 25-28

CONFERENCE
SCHEDULE

ARLINGTON, VA [OCA Communications] -- His Eminence, Archbishop Seraphim of Ottawa and Canada will be the keynote speaker at the Orthodox Church in America's Parish Ministries Conference at Marymount University here July 25-28, 2007.

Archbishop Seraphim will initiate reflections on the conference theme, "The Heart Assured: Works of Love in Deed and Truth," in his talk, titled "Outreach in the Healthy Parish," at the opening session on Wednesday, July 25.

On Thursday, the Very Rev. Andrew Morbey, dean of Saint Mary Cathedral, Minneapolis, MN and chairman of the OCA's Department of Pastoral Life and Ministry, will speak on "Clergy/Laity Expectations of One Another." Responding to his presentation from the point of view of the laity will be Mr. John Rybicki, director of adult religious education at Saint Luke Parish, McLean, VA, and founding member of the parish's Faith-in-Action Team.

The final keynote will be delivered on Friday by Nancy VanDyken, a member of Saint Anthony the Great Mission, Bozeman, MT and executive director of Gallatin County Love, Inc., an organization that trains people for ministry to the poor and marginalized.

Each keynote address will be followed by a discussion.

Several workshops on a variety of topics will be presented throughout the conference.

Two registrations are being offered. Those registering before July 1 may register for \$125.00. After that date, the registration fee is \$150.00. Special registrations are available for a one day participation. Because space is limited, early registration is encouraged.

For more information, contact Father Andrew Morbey at pastorallife@oca.org; 612/781-7667; Dinna Karabin at christianwitness@oca.org; 703/768-1184; Arlene Kallaur at arlene@oca.org; 516/922-0550; or Katherine Vitko at kjvitko@yahoo.com; 703/892-1413. Information on Marymount University may be found at www.marymount.edu/confcenter/main.html.

Wednesday, July 25th

4:00 – 10:00 Registration

5:30 Vespers

6:30 Informal Dinner

7:30 Welcome

8:00 **Keynote I Archbishop Seraphim: Outreach in the Healthy Parish**

9:15 Wine and Cheese

Thursday, July 26th

7:30 Matins

8:15 Breakfast

9:00 **Keynote II Fr. Andrew Morbey: Clergy/Laity Expectations of One Another**

10:30 Coffee Break

11:00 Keynote II Breakout Session

12:30 Lunch

1:30 **Helping Those in Need**

2:15 Breakout Session

3:00 Workshops I (Two workshops will be offered in each time period)

4:00 Break

4:15 Workshops II

5:15 Vespers

6:30 Dinner

8:00 International and Pan Orthodox Outreach

Friday, July 27th

7:30 Prayer Service with Anointing

8:00 Breakfast

9:00 **Keynote III Nancy VanDyken: Expanding Our Parish Life; Including Those Too Often Left Out**

10:30 Coffee Break

11:00 Keynote III Breakout Session

12:30 Lunch

2:00 Workshops III

3:15 Break

3:30 Workshops IV

4:45 Leave for Vespers and Dinner at St. Nicholas Cathedral, Washington, DC

Evening Trolley Tour of Area

Saturday, July 28th

9:00 Divine Liturgy and Brunch at **St Mary Orthodox Church (Falls Church, VA)**

Closing Remarks

